

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Menu is subject  
to change beyond  
our control.

**CONGREGATE DINERS**

Please stop in THURSDAY 8/31  
and pick up to go meals for the  
extended holiday closure be-  
tween 12:30pm - 2:30pm

THE CENTER WILL BE CLOSED

**4** **CLOSED**  
**LABOR DAY**

**5** THE GIRLS  
Kielbasa Sausage  
Sauerkraut  
Yellow Mustard  
Marinated Kidney Bean Salad  
Hot Dog Bun  
Pineapple Tidbits

**6**

**7** THE GIRLS  
**THIS MEAL IS DINE IN ONLY**  
BBQ Diced Chicken Sandwich  
Baked Beans  
Pickled Beets  
Hoagie Bun  
Mandarin Oranges

**8** MARQUAM UNITED METHODIST  
Asian Chicken Salad  
w/Crispy Noodles  
over Spinach Romaine  
Broccoli Cheddar Soup  
Seven Grain Roll  
Peaches

**11** MEADOWBROOK CHURCH  
Chicken Pot Pie  
Whole Kernel Corn  
Carrot Raisin Salad  
Biscuit  
Seasonal Fruit

**12** THE GIRLS  
Chicken Fajita Bowl  
Sliced Carrots  
Mexicali Corn Salad  
Oat Bran Wheat Roll  
Lemon Poppy Seed Cake

**13**

**14** JNBC  
**THIS MEAL IS DINE IN ONLY**  
Turkey Salad Half Sandwich  
Shredded Lettuce  
Cucumber & Red Onion Salad  
Tomato Florentine soup  
Wheat Bread  
Golden Fruit Cup

**15** MARQUAM UNITED METHODIST  
Turkey Patty  
Poultry Gravy  
Whipped Potatoes  
Carrot and Cauliflower  
Garlic Bread  
Chocolate Pudding

**18** COUNTRY CHRISTIAN  
BBQ Smokehouse Chop  
Delmonico Potatoes  
Italian Vegetable Blend  
French Bread  
Lemon Bar

**19** NAZARENE CHURCH  
Western Goulash  
Fiesta Vegetable Blend  
Garden Vegetable Salad  
Squash Wheat Roll  
Ranch Dressing  
Seasonal Fruit

**20**

**21** MAS BOARD  
**THIS MEAL IS DINE IN ONLY**  
Garlic Chicken  
Sweet Whipped Potatoes  
Winter Vegetable Blend  
Sunflower Seed Bread  
Hermit Bar

**22** KNIGHTS OF COLUMBUS  
Santa Fe Turkey Mini Salad  
over Spinach Romaine  
Lentil Soup  
Honey Wheat Roll  
Ranch Dressing  
Pineapple Tidbits





**25** JNBC  
Spaghetti/Meat Sauce  
Green Bean w/Red Peppers  
Coleslaw  
Garlic Roll  
Orange Delight

**26** ST. JAMES ALTER SOC  
**Oktoberfest Special**  
German Meatballs /Sauce  
Veg German Potato Salad  
Peas & Carrots  
Rye Bran Roll  
German Chocolate Cake

**27**

**28** ILY & HOMESCHOOL GRP.  
**THIS MEAL IS DINE IN ONLY**  
Cheese Omelet / Sauce  
Mixed Vegetables  
Biscuit  
Mandarin Oranges  
Carrot Cake

**29** THE GIRLS  
Chicken In Mushroom  
Sour Cream Chive Potato  
Scandinavian Vegetable Blend  
Cracked Wheat Bread  
Zucchini Brownie

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
<p><b>4 WE WILL BE CLOSED</b></p> 	<p><b>5</b>  10am <b>BiMart</b>  10:15am Quilt Group  11am Vet To Vet Café  12pm Lunch at the Center  12:45 Pinochle  2:30pm PING PONG</p>	<p><b>6</b>  10am Genealogy Class  <b>10:00am OUTING:</b>  <b>Rainbow Trout Farm</b></p>	<p><b>7</b>  10am <b>Cascade Center</b>  12pm Lunch at the Center  1:00pm Cribbage  1:00pm Paint Class <b>Fun</b>raiser</p>	<p><b>8</b>  9:15am Tai Chi  10:15am Quilt Group  10am <b>Safeway</b>  12:pm Lunch at the Center  *Don Mitchell Music*  1:00pm BINGO</p>
<p><b>11</b>  9:15am Tai Chi  10am <b>Safeway</b>  12pm Lunch at the Center  12:45pm BUNCO  6:30pm Grief Share Class</p>	<p><b>12</b>  9:30 Lawyer by appointment  10am <b>BiMart</b>  10:15am Quilt Group  12pm Lunch at the Center  12:45 Pinochle &amp; Games  2:30pm PING PONG</p>	<p><b>13</b>  9:30am Foot Clinic by appt.  12:45 Crafting Corner along with Tie Dye T-Shirts  3:00 MAS Executive Meeting</p>	<p><b>14</b>  10am <b>Cascade Center</b>  12pm Lunch at the Center  1:00pm Cribbage  1:00pm Paint Class <b>Fun</b>raiser  <b>3:00pm OUTING:</b>  <b>Oktober Fest</b></p>	<p><b>15</b>  9:15am Tai Chi  10:15am Quilt Group  10am <b>Safeway</b>  12pm Lunch at the Center  *Dennis Stafford Music*  1:00pm Women's Cancer Support  1:00pm BINGO</p>
<p><b>18</b>  9:15am Tai Chi  10am <b>Safeway</b>  12pm Lunch at the Center  12:45pm BUNCO  6:30pm Grief Share Class</p>	<p><b>19</b>  10am <b>BiMart</b>  10:15am Quilt Group  12pm Lunch at the Center  12:45 Pinochle  2:30pm PING PONG</p>	<p><b>20</b>  930am Foot Clinic by appt.  <b>OUTING:</b>  <b>3:00pm Salem Bingo Hall &amp; The Home Place</b></p>	<p><b>21</b>  10am <b>Cascade Center</b>  12pm Lunch at the Center  1:00pm Cribbage</p>	<p><b>22</b>  9:15am Tai Chi  10:15am Quilt Group  <b>10am Safeway</b>  12pm Lunch at the Center  12:15pm General Board Meeting  1pm BINGO</p>
<p><b>25</b>  9:15am Tai Chi  10am <b>Safeway</b>  12pm Lunch at the Center  12:45pm BUNCO  6:30pm Grief Share Class</p>	<p><b>26</b>  10am <b>BiMart</b>  10:15am Quilt Group  12pm Lunch at the Center  12:45 Pinochle  12:45 MAS Craft Hour  2:30pm PING PONG</p>	<p><b>27</b>  <b>OUTING:</b>  <b>10:00am Pioneer Center &amp; Shopping Trip</b></p>	<p><b>28</b>  10am <b>Cascade Center</b>  12pm Lunch at the Center  1:00pm Cribbage</p>	<p><b>29</b>  9:15am Tai Chi  10:15am Quilt Group  <b>10am Safeway</b>  12pm Lunch at the Center  12:15pm Birthday Celebrations  1pm BINGO</p>