

# The Senior Informer

## MOLALLA ADULT COMMUNITY CENTER

Physical Address: 122 Grange Ave.  
Mailing Address: PO Box 1165, Molalla, OR 97038  
Hours: Monday - Friday: 9am - 3:00pm

Happy March! This month will be filled with celebrations throughout the month. The entire month of March we will celebrate the annual March for Meals campaign raising awareness for the Meals on Wheels program. This year the national campaign is call "Save Lunch". With a threat of national funding being reduced across the country, Meals on Wheels America is urging all of us to do our part and contact our lawmakers and let them know how important this essential program is for millions of Seniors and those with physical disabilities in our country. Our Center delivers over 22,000 meals annually to homebound recipients in our area. Let's all do our part to help continue to serve those in need in our community.

March also includes two holidays. First, is St. Patrick's Day. We will be heading to The Dullahan Restaurant on the 20th to eat a traditional Irish meal. Next up is Easter. We will have our annual Easter egg hunt on Friday, March 29 th . Please join us for this fun event. As always look for the "golden egg" for an extra special prize.

As requested we are heading to Silverton to go bowling on March 13th. Come join us for a fun filled afternoon of bowling and lunch at the Home Place Restaurant in Silverton.

Last month, the MAS Board hosted a Ladies Afternoon Tea Fundraiser. It was a wonderful time of fellowship and raising awareness and funds for the New Center building project. The Tea was such a success that we are going to make it an annual event.

See you at the Center,

Amanda  
Director



### **Molalla Area Seniors UPCOMING Meetings**

Executive Board Meeting (2nd Wednesday) **March 13th at 3:00pm**

General Meeting (4th Friday) **March 22nd at 12:15pm**

## **MARCH 2024**

### **Center Staff**

**Amanda St. Clair-Estrada,**  
Director

**Vacant,**  
Financial Manager

**Toni Newberry,**  
Client Services Representative

**Jeannie Haak,**  
Nutrition Manager

**Dan Taylor,**  
Transportation Manager

**Robert Comartos,**  
Driver

**Gary Strean,**  
Driver

**Receptionist,**  
MAS Members

### **Molalla Area Seniors Executive Board**

**Bob McNeil,**  
President

**Howard Miller,**  
Vice President

**Pat Torsen,**  
Treasurer

**Sandy Kundert,**  
Secretary

**Judy McNeil**  
**Jojie Chapman**  
**Claudia Linder**  
**Glenn Linder**  
**Dyanna Szlavich**  
**Lacressia St. Clair**  
Board Members

**The Molalla Adult Community Center is a non-profit organization created to promote recreational, educational, social, cultural, community health, and nutrition programs for senior citizens in Molalla and the surrounding area.**

## EXERCISE

### Tai-Chi

Monday & Friday's  
9:15am - 10:15am

### Ping Pong

Tuesday's 2:30 - 4:00pm

### Walk With Ease

Tuesday & Thursday's  
10:00am- 11:00am

Suggested Donation \$2

## SHOPPING

**Monday:** Safeway

**Tuesday:** Bi-Mart

**Thursday:** Cascade Center and Goodwill

**Friday:** Safeway



**\*Please call 503-829-4214 morning of by 9:30am to get on bus list.**

See outing page for more outing options!

## ADDITIONAL SERVICES

### Foot Clinic

2nd AND 3rd Wednesday of the month is foot clinic with a Registered Nurse (RN). The service is by appointment only, and the cost is **\$40**, cash or check.

**Call 503-829-4214 to schedule**

**Lunch!** - Monday, Tuesday, Thursday and Friday's at 12pm. Suggested donation of \$3.00 for those over 60, and for those under 60, there is a \$5.00 charge.

**We also deliver Meals on Wheels for homebound clients.**

**\*\*Volunteers are appreciated!\*\***

**TRP** - Transportation Reaching People is a program designed to meet transportation needs for those 60 years or older, or an individual with a disability, who have limited practical transportation alternatives. Call TRP of Clackamas County at 503-655-8208 for enrollment. Once enrolled call the center and leave a message for scheduling a ride. **\*\*Rides are not guaranteed, as they are volunteer dependent.**

**Senior Companion** - SCP volunteers are 55 years of age or older, no longer in the regular workforce, and are capable of serving adults with unique needs. If income eligible, volunteers may receive a non-taxable stipend plus mileage reimbursement. **Call, 503-655-8875.**

**Bus Rides** - Rides into the Center for lunch, activities and local shopping. Suggested donation is \$1.50 round trip. Please call 503-829-4214 in the morning by 9:30am.

## ART & CRAFTS

**Quilting** - Every Tuesday at 10:00am and Wednesday's at 10:15am. Come to learn how to quilt, show your skills or just to visit.

**Knit & Crochet** - Wednesday's at 10:15am

**Craft Corner** - 12:45pm  
2nd Wednesday

**MAS Craft Hour** - 12:45pm  
4th Tuesday - Something FUN as usual

**Painting** - Each Thursday, 1pm  
Suggested Donation \$2

## SPECIAL INTERESTS

**Legal Services** - Andrew Kauffman, 2nd Tues of the month 9-11am by appointment only.  
503-829-4214

**Lunchtime MUSIC**  
2nd & 3rd Friday of each month at the Center.

**Medical Equipment** - LOVE INC is now loaning equipment for Clackamas County. 503-650-0153

**Veteran Services** - Clackamas County VSO office phone:  
503-650-5631

**Referral and Assistance** - For issues facing seniors. Calls are accepted on behalf of others as well. For mental health crises call County Crisis Service:  
503-655-8585.

## GAMES at the CENTER

**Bunco** - Every Monday after lunch!

**Board Games! Pinochle!** - Tuesday's after lunch, starting at 1:00 pm please join us for pinochle as well as other card and board games.

**Cribbage & Texas Holdem** - Every Thursday 1:00pm

**Bingo!** - Every Friday at 1:00pm



\$2 Suggested donation to cover prizes!

**For any questions or to schedule an appointment, call the Center at 503-829-4214**



**Happy Birthday to YOU! Happy Birthday to YOU!  
Happy Birthday Dear Members!**

01 Ruth Maurer  
02 Jane Wilson  
04 Barbara Saunders  
04 Dave Soto  
05 Beverly Howard  
07 Linda Rose  
08 Monesa Slate  
09 Sarah Graeber  
09 Joyce Huber  
09 Barbara White

11 Robert Polack  
11 Marge Stephen  
13 Irene Schriever  
13 Pattie Wymore  
14 Nancy Clark  
14 Jo Edwards  
14 Vee Smith  
19 Jojie Chapman  
21 Deborah Flanagan  
21 Stephen Martell

21 Margie Nelson  
26 Janine Miller  
27 Gail Lamkin  
28 Wanda James  
28 Carol Nevin  
28 Elizabeth Allen  
29 Frank Schenck  
31 Robin Mills  
31 Dina Renken  
31 Virginia Tichrob

\*Our apologies in advance if we missed mentioning your birthday. Please contact the Receptionist at the front desk so that we may update our records, and HAPPY BIRTHDAY! Because we adore all of our members, we don't want to miss honoring YOU on your special day!

## GET TO KNOW YOUR NEW MAS BOARD MEMBER

# Lacressia St Clair

Mother of 3 and Grandma to 3 boys

Happily Married for 50 years

Retired from Clackamas Community College, Purchasing Department

I enjoy helping people, teaching painting, sewing, traveling, playing pinochle, spending time with my family.



### SOME OF

Food: Biscuits and Gravy  
Color: Pink and Green

### MY FAVORITE



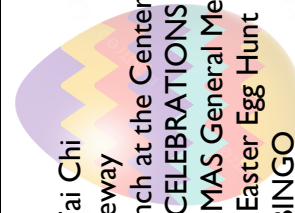
Animal: Small dogs  
Sport: Basketball

### THINGS

Game: Pinochle  
Season: Spring & Summer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> MARQUAM UNITED METHODIST Chicken Mushroom Bake California Vegetable Blend Creamy Cucumber Salad Onion Roll Tapioca Pudding
<b>4</b> THE GIRLS Shoyu Chicken Brown Rice Kyoto Vegetable Blend Coleslaw Lemon Lime Gelatin	<b>5</b> THE GIRLS Western Pork Stew Mixed Vegetable Blend Broccoli & Cauliflower Multigrain Roll Peanut Butter Bar	<b>6</b> THE GIRLS	<b>7</b> THE GIRLS <b><u>THIS MEAL IS DINE IN ONLY</u></b> Chicken Fajita Bowl Mexicali Corn Tossed Salad Rye Bran Roll Ranch Dressing Key Lime Bar	<b>8</b> MARQUAM UNITED METHODIST Swiss Style Patty w/Swiss Steak Sauce Garlic Whipped Potatoes Winter Vegetable Blend Cracked Wheat Bread Applesauce Gingerbread
<b>11</b> MEADOWBROOK CHURCH Scalloped Potatoes w/Turkey Carrots/Brussels Sprouts Cornmeal Roll Caramel Apple Pudding	<b>12</b> THE GIRLS Chicken Pastina Scandinavian Vegetable Blend Steamed Zucchini Seven Grain Roll Blushing Pears	<b>13</b> THE GIRLS	<b>14</b> THE GIRLS <b><u>THIS MEAL IS DINE IN ONLY</u></b> Baked Ham w/Pineapple Glaze Broccoli Carrot & Mandarin Salad French Roll Snickerdoodle Bar	<b>15</b> MARQUAM UNITED METHODIST Caribbean Spice Chicken Colcannon Potatoes Mixed Vegetable Blend Focaccia Bread Peaches
<b>18</b> COUNTRY CHRISTIAN Tuna Salad Half Sandwich Carrot Raisin Salad Chicken Tortilla Soup Wheat Bread Pineapple Tidbits	<b>19</b> NAZARENE CHURCH Macaroni & Cheese Peas & Carrots Succotash Irish Soda Bread Pistachio Cake	<b>20</b>	<b>21</b> MAS BOARD <b><u>THIS MEAL IS DINE IN ONLY</u></b> Western Beef Steak w/Country Gravy Brussels Sprouts Red Diced Potatoes Squash Bread Chocolate Cake	<b>22</b> KNIGHTS OF COLUMBUS Egg Salad Half Sandwich Shredded Lettuce Potato Onion Soup Confetti Coleslaw Applesauce
<b>25</b> THE GIRLS Beef Mushroom Patty Whipped Potatoes San Francisco Vegetable Blend French Bread Cherry Gelatin Jewels	<b>26</b> ST. JAMES ALTER SOC. Chicken Rice Bake Whole Kernel Corn Carrots Oat Bran Wheat Roll Rocky Road Pudding	<b>27</b>	<b>28</b> ILY-HOMESCHOOL GROUP <b><u>THIS MEAL IS DINE IN ONLY</u></b> Turkey Pot Pie Biscuit Country Cottage Vegetable Blend Tossed Salad Thousand Island Dressing Chocolate Chip Bar	<b>29</b> THE GIRLS Teriyaki Chicken Sandwich Hawaiian Carrots Coleslaw Hamburger Bun Hot Cinnamon Applesauce



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
<b>4</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO	<b>5</b> 10am BiMart 10:15am Quilt Group 11am Vet To Vet Cafe 12:45pm Tuesday Movies 1pm Pinochle & Games 2:30pm PING PONG	<b>6</b> 10am Genealogy Class 10:15am Quilt Group 12:00pm Soup & Salad Fundraiser for March for Meals	<b>7</b> 10am Cascade Cnter 12pm Lunch at the Center 1pm Cribbage/Texas Holdem 1pm Paint Class <u>F</u> undraiser	<b>1</b> 9:15am Tai Chi 10am Safeway 12pm Lunch the Center 12:30pm Mobile Library
<b>11</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO	<b>12</b> 9:30 Lawyer by appointment 10am BiMart 10am Walk With Ease 10:15am Quilt Group 12pm Lunch at the Center 12:45pm Tuesday Movies 1pm Pinochle & Games 2:30pm PING PONG	<b>13</b> 9:30am Foot Clinic by appt. <b>10:00am OUTING:</b> <b>Bowling and lunch at The Home Place</b> 10:15am Quilt Group 12:45 Crafting Corner 3:00 MAS Exec. Board Mtg	<b>14 NATIONAL PIE DAY</b> 10am Cascade Center 10am Walk With Ease 12pm Lunch at the Center 1pm Cribbage/Texas Holdem 1pm Paint Class <u>F</u> undraiser	<b>15 WEAR YOUR GREEN!</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center. 11:15am Dennis Stafford Music* 1:00pm Women's Cancer Support 1:00pm BINGO 
<b>18</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO	<b>19</b> 10am BiMart 10am Walk With Ease 10:15am Quilt Group 12pm Lunch at the Center 12:45pm Tuesday Movies 1pm Pinochle & Games 2:30pm PING PONG	<b>20</b> 9:30am Foot Clinic by appt. <b>10:00am OUTING:</b> <b>Country Drive and lunch at the Dullahan</b> 10:15am Quilt Group	<b>21</b> 10am Cascade Center 10am Walk With Ease 12pm Lunch at the Center 1pm Cribbage/Texas Holdem 1pm Paint Class <u>F</u> undraiser	<b>22</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 12:15pm MAS General Meeting 1:00pm BINGO
<b>25</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO	<b>26</b> 10am BiMart 10am Walk With Ease 10:15am Quilt Group 12pm Lunch at the Center 12:45pm Tuesday Movies 12:45pm MAS Craft Hour 1pm Pinochle & Games 2:30pm PING PONG	<b>27</b> <b>10:00am OUTING:</b> <b>Jo-Anns/Super Thrift and lunch at IHOP</b> 10:15am Quilt Group	<b>28</b> 10am Cascade Center 10am Walk With Ease 12pm Lunch at the Center 1pm Cribbage/Texas Holdem 1pm Paint Class <u>F</u> undraiser	<b>29</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center with birthday <b>CELEBRATIONS</b> 12:15pm MAS General Meeting 12:45pm Easter Egg Hunt 1:00pm BINGO 

## WEDNESDAY, MARCH 13th - Bowling & lunch at The Homeplace

Bus leaves Center: 10:00am

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$5



MINIMUM: 6 Person Sign Up

Cost: \$8  
Pay in advance



Honored Citizen  
and a' la carte  
menu options

By YOUR REQUEST, join us for lunch at The Homeplace in Silverton followed by a time of bowling!

## WEDNESDAY, MARCH 20th - Country drive and lunch at The Dullahan

Bus leaves Center: 10:00am

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$5



Cost: \$15 plus

Honored Citizen and a' la carte menu  
options are available

Additional stop at Foothills Park and  
Veterans Memorial (Free Entry)

It's NEVER to late to Celebrate St. Patrick's Day with an Irish lunch!  
We are a family run restaurant that welcomes everyone in true Irish spirit.  
We are family friendly, and have good food with fantastic drink options for everyone.

## WEDNESDAY, March 27th - Jo-Ann's or Thrifting & lunch at IHOP

Bus leaves Center: 10:00am

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$5

**JO-ANN**  
fabric and craft stores



Cost: You  
|determine your  
budget!



Honored Citizen  
and a' la carte  
menu options  
are available

Want to check out the fabric/craft store OR go thrifting, you get to choose  
which one you want to be dropped off for a time of browsing or shopping!



### Outing Suggestions:

We are always open to hearing about the places  
YOU would like to eat and explore!

**START  
HERE!**

Let us know in the  
following ways:

- Drop a note in the suggestion box
- Leave a voicemail for Client Services

Just a reminder, not all suggestions are options, based on schedule and cost.

JOIN US FOR OUR ANNUAL

# EASTER EGG HUNT

FRIDAY, MARCH 29TH  
12:45PM

MOLALLA ADULT  
COMMUNITY CENTER

Prize or candy in each egg  
plus a special GOLDEN egg  
will be hidden!



Transportation available  
**CALL 503-829-4214**

COME AND JOIN US  
FOR A FUN

# St. patrick's Day

MARCH 15TH  
MOLALLA ADULT CENTER  
122 GRANGE AVE

LUNCH IS SERVED AT 12:00PM

**See you there!**

Don't forget to wear  
your favorite green item





# MARCH FOR MEALS COIN DRIVE FOR THE WHOLE MONTH OF MARCH

BRING YOUR LOOSE CHANGE INTO THE CENTER  
TO SUPPORT THE NUTRITION PROGRAMS AT  
THE MOLALLA ADULT COMMUNITY CENTER



FOR MORE  
INFO CALL  
503-829-4214

MONDAY - FRIDAY

**10:00AM - 2:00PM**  
122 GRANGE AVE, MOLALLA OR



# WALK WITH EASE

RETURNING MARCH 12th

TUESDAY AND THURSDAYS - 10:00am

MOLALLA ADULT COMMUNITY CENTER  
122 Grange Ave

Questions? Call 503-829-4214

Walk With Ease is a community-based physical activity and self-management education program that reduces the pain of arthritis and improves your health



2024

MARCH

wish list

**Bingo Prizes**

Candy  
Crossword Books  
Garden Items  
Personal Care  
Products

**Kitchen Supplies**

Paper Products  
Plasticware

**Meals on Wheels**

Drivers and substitute drivers  
are needed for the  
following days:

**Monday**

**Tuesday**

**Friday**

**Office Supplies**

**Postage Stamps**

in any quantity or  
style are greatly  
appreciated.

Call the Center at 503-829-4214  
if you have any questions.



**RACE ON OVER**

FOR SOME FUN WITH

**REMOTE CONTROL CARS**

**THURSDAY AFTERNOONS**  
**12:30pm**

Due to a generous donation:  
RC Cars are provided!

For more information call 503-829-4214



**THE CENTER'S WEEKLY BUS SCHEDULE**

Ride times are between: 9:00am - 2:00pm

**MONDAY**

Will operate for rides to the Center,  
**Safeway**, medical and personal needs.

**TUESDAY**

Will operate for rides to the Center,  
**Bi-Mart**, medical and personal needs.

**WEDNESDAY**

Will only operate when there is a  
scheduled outing **or for special events**.

**THURSDAY**

Will operate for rides to the Center,  
**Cascade Center & Goodwill**, medical and  
personal needs.

**FRIDAY**

Will operate for rides to the Center,  
**Safeway**, medical and personal needs.

Call 503-829-4214 by 9:30am to schedule your  
ride on the day you would like a ride.

**Suggested ride donation of \$.75 each one way trip**

Tickets are available for purchase at the front desk.

MOLALLA ADULT  
COMMUNITY CENTER

**SOUP & SALAD  
FUNDRAISER**

**MARCH 6TH**  
**12:00PM**

**\$5**

**BRING YOUR COINS  
TO SUPPORT  
MEALS ON WHEELS -  
SAVE LUNCH CAMPAIGN**

Transportation is available by  
calling 503-829-4214







9TH ANNUAL

# SPRING FLING CRAFT BAZAAR AND VENDOR SALE

Saturday, April 6, 2024

...-----...

9:00am - 3:00pm

*122 Grange Ave, Molalla (503) 829-4214*

**Free Admission for Customers**

Gifts, Food, Fashion, Jewelry, Art,  
Crafts, Book, Beauty, Candy and  
**MORE!**

**\$25 per table for vendors**

Proceeds benefit Molalla Area Seniors Inc.  
and the Molalla Adult Community Center.

# Around the Community



**I  
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o**

## **Resource Center at Foothills**

Location: 122 Grange Ave \*\*Dock on north end \*\*  
Tuesdays & Thursdays: 9am - 3pm  
Wednesdays: 6pm - 8:30pm

## **Molalla Service Center**

Location: 415 S. Swiegle Rd  
Open Monday and Wednesday 10am-2pm

## **Colton Helping Hands Food Bank**

Colton Community Center - 30138 S Wall Street  
Hours: Every Monday 9:00am-12:00pm

## **Molalla Christian Church**

Location: 223 E 3rd Street  
Third Thursday of the month  
Call 971-563-9673 for more information.

## **St. Vincent DePaul**

Location: St. James Catholic Church - 301 Frances St  
Third Tuesday of the month | 5:00-7:00pm  
Call 503-896-2035 for more information.

## **The Praise Fellowship Outreach**

Location: Molalla Nazarene Church - 920 Shirley Street  
Monday's 1:00pm \$1.00 entry. Men's, Women's and  
Children's clothing and accessories. Plus, books, toys and  
games, household items, arts, crafts, bedding and linens.

## **Life Refocused CAREGIVER SUPPORT GROUP**



Meets the **FIRST** Tuesday of each month  
6:00pm - 7:30pm

Hoffman House

Life Coaching

523 E Main Street, Molalla OR

Debbie Hoffman 971-264-1442 OR Kathi Kingma 971-236-7722



## **UTILITY ASSISTANCE**

Applications NOW Available

To schedule an appointment call  
**Toni at 503-829-4214**

Household Unit Size	Annual Gross Income*	Monthly Gross Income*
1	\$33,427	\$2,785.58
2	\$43,712	\$3,642.67

Additional list is available if there are more people in your home

Heating assistance applications for this time frame  
is aimed at the most vulnerable senior and disabled  
Clackamas County residents including those that  
are homebound, medically fragile or requiring  
assistance to apply for services.

## **WATER UTILITY ASSISTANCE AVAILABLE**



1. Meet income guidelines
2. City Of Molalla Water only
3. Bill must be in YOUR name

Call 503-650-5640, option 5 for an application.

## **LINES FOR LIFE**

Supporting seniors in our community  
who are feeling lonely or having  
difficulty connecting.



503-200-1633 **OR** 1-800-282-7035



## **Molalla HOMESAFE Program**

**CALL 503-829-4214**

A program to aide the Safety of those living in Molalla  
with memory loss. Contact the Center for more  
details or to complete enrollment. 503-829-4214



## WHAT IS MAS?

Molalla Area Seniors, Inc. is a 501c3 who exists to serve as the Advisory Board for the Molalla Adult Community Center, which serves the communities of Molalla, Mulino, Colton, Beavercreek and rural Canby.

Interested in learning more about being a board member or how to get involved please contact any of the Board members listed on the front page or call the Center at 503-829-4214 to get connected!

# What is the MAS Board looking to do in 2024 and how can you be involved?

## Find out more by joining us at our next general meeting scheduled for March 22nd at 12:15pm

Lunch is served at 12:00pm



Assembly of God  
Cascade Sleep Supply, LLC  
Clackamas County Meals on Wheels  
Clarkes Grange #261  
Clarkes United Methodist Church  
Clarkes United Methodist Women  
Cowboy Coffee  
El Charrito  
Figaro's Pizza  
Foothills Community Church  
Hi-School Pharmacy, Molalla  
MARJAK Enterprises, Inc.  
Marquam United Methodist Church

## A special "Thank You" to our 2023/2024 sponsors and all our sponsors throughout the years.

Is your business interested in becoming a donor of the Molalla Adult Community Center or Molalla Area Seniors?

Contact the Center at 503-829-4214 for additional information on both of these non-profit organizations who are serving the Molalla, Mulino, Beavercreek, Colton and rural Canby communities.

Marquam United Methodist Women  
Molalla Area Chamber of Commerce  
Molalla Area Seniors Inc.  
Molalla Communications  
Molalla Grange  
Molalla Seventh Day Adventist Church  
Molalla United Methodist Women  
Mountain View Business Services  
National Christian Foundation  
New Horizon's Family Thrift Store  
NW Fitness & Strength  
Specialty Polymers, Inc  
St. James Catholic Church  
Stoller Farms  
VFW Auxiliary Women

And to everyone in the local community who have privately donated to keep this Center open and running for our members.

Honor your loved one(s) with a donation to the:  
Molalla Adult Community Center.

When you make a tribute gift, you are honoring your loved one while helping people around the community.

*In Loving Memory*



# Molalla Area Seniors Board - General Meeting Minutes and Information

MAS, Inc.  
General Meeting Minutes  
January 26, 2024

The meeting was called to order by President Bob McNeil. Minutes of the December 29, 2023 annual general meeting were read by Secretary Sandy Kundert. A motion was made by Wilma Coleman, seconded by Stanley Weaver, and approved to accept the minutes as read.

Treasurer Pat Torsen reported a beginning checking account balance of \$5,095.65, income of \$14,332.00 plus a \$3,000 transfer to checking from the Money Market account, and disbursements of \$9,345.50 and a deposit of \$6,723.00 to the Money Market account, leaving an ending checking account balance of \$6,359.15. The savings account balance is \$124.12. The Allele Fund balance was \$40,711.73. The money market account balance was reported at \$249,164.27, including a building fund balance \$214,855.84. Pat reported that the appeal donations were at about \$8,500 and gave a summary of some of the fundraising efforts, including the sum of \$2,971 from the quilters and \$683 from painting classes given by Lacressia St. Clair. All of the fundraising activities have been designated toward the building fund. A motion was made by motion was made by Gloria Wood, seconded by Tara Martin, and approved to accept the treasurer's report.

Center Director Amanda Estrada reported a net income of \$5,276.44. The Center provided meals and added three new Meals on Wheels clients. Three hundred sixty-nine bus rides were provided as well as 15 hours of case management. The second salad bar lunch had 30 people attending, up from 12 the previous month. A profit of \$122 was designated to the building fund. Plans for February include a Taco Soup & Salad Bar. Share the Love would like a video from the Center to use in starting their 2024 campaign. One of our members, Gordon Haag, wants to donate a large generator and propane tank for the new Center to use as a power backup when needed.

Under Old Business Bob reported that the wetland survey had been approved for the Heinz Street property and preparation for closing on the property was in process with the title company, expected in the next 30 days.

Under New Business, President Bob McNeil presented certificates of appreciation to Don Gulliford and Lorraine Peters for their service on the Board of Directors and he also reminded us of the upcoming Ladies' Tea on February 10, which is a fundraising event for the new center, at the cost of \$15.00 per ticket. He announced that the next board meeting was scheduled for February 14 at 3 p.m. and the next general meeting would be held February 24 at 12:15 p.m.

Drawings: The \$5 door prize was won by Vera Miller and the pie drawing was won by Howard Miller.

A motion was made by Wilma Coleman, seconded by Gloria Wood and approved to adjourn the meeting at 12:40 p.m.

Respectfully submitted,

Sandy Kundert, Secretary



## Progress Report:

In 2022, we were given an opportunity to purchase a piece of land in the heart of Molalla on West Heintz Street, due to a generous offer by the land owner. We submitted a wetland survey request to the State Of Oregon and it was approved January 6, 2024, which has allowed us to move forward with closing on this property, and that was completed on February 16, 2024!

The story continues...



# Molalla Area Seniors Invite A Friend

## Membership Application

New Member \_\_\_\_\_ Renewal \_\_\_\_\_ Update Only \_\_\_\_\_

Single Membership \$15/Year Couple: \$25/Year

DATE: \_\_\_\_\_

Name #1: \_\_\_\_\_ Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Address: \_\_\_\_\_

Over 60? Yes / No

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Name #2 \_\_\_\_\_ Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Over 60? Yes / No

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Making a Donation to support the Molalla Area Seniors is easy!

\*Make donation checks payable to: **Molalla Area Seniors/Mas**  
**& Mail to PO Box 1165 Molalla, 97038**

Donor Name: \_\_\_\_\_

Address: \_\_\_\_\_

In Honor of: \_\_\_\_\_

In Memory of: \_\_\_\_\_

In Celebration of (Birthday): \_\_\_\_\_

Donation Enclosed:

Amount \$



## Nutrition Program Update: **Fiscal Year July 2023 - June 2024**

<b>Revenue:</b>	
Congregate Dining	\$4,408.58
Donations	\$12,350.00
MOW - Meals On Wheels	\$6,229.95
Government - Clackamas County	\$31,565.95
Government - State	\$10,045.00
Other	
Total YTD:	<b>\$64,599.48</b>
<b>Expenses:</b>	
Direct Nutrition Expenses:	\$24,361.20
In-Direct Expenses:	\$53,138.57
Direct Nutrition Budget 2023/24	\$76,000

Some fun facts that happened in:



### **JANUARY 2024**

**2,249** Meals served/delivered.

**287** Rides on our bus were provided.

**350** Hours of documented volunteer time!

## **Molalla Area Seniors Need A New Home!**

Want to join us in making a difference? We're raising money to benefit Molalla Area Seniors, Inc. with a new center. All donations go to the building fund and we are constantly fund-raising and looking for grant funds in order to build this new center.

Our Molalla Adult Community Center currently shares space with Foothills Community Church in their multipurpose room that Foothills has generously offered to share. However, this shared space is woefully inadequate to continue to provide the services our seniors need. Because our staff and volunteers continue to work hard to provide services, the Center is more than a place for seniors to meet for a meal. In addition to activities like Bingo, board games, exercise classes, special events, trips to areas of interest, assistance with rides to medical appointments, transportation to Center activities and local shopping, nurse-supervised pedicures, legal advice from an attorney, bookmobile access, referrals for medical insurance information, assistance with heating bills, referrals to other county/state agencies that provide for specific needs, and a growing number of other services beneficial to our participants. Along with our primary focus on Meals on Wheels, which provides not only food, but also in-person contact with homebound seniors that is essential for providing for their safety, the Molalla Adult Community Center is a vital and worthy part of the Molalla community. We have grown exponentially and continue to expand as we see the needs of our seniors and seek to find resources for them.

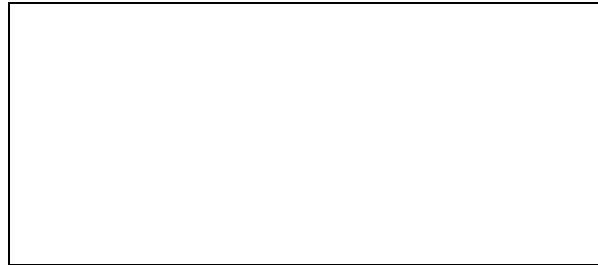
Our financial need is based on the fact that our seniors do not have a place of their own, and we are rapidly growing out of the shared space at Foothills. We are seeking funds to build a new center that would belong only to our seniors and handicapped members, owned by Molalla Area Seniors, Inc. It is very difficult to function effectively in limited shared space and especially difficult to provide the necessary confidentiality. Our community of seniors continues to expand as baby-boomers age into their senior years. Many of our participants have expressed appreciation for the Center, telling us on more than one occasion that we "saved their lives" and they "don't know what they would do if they didn't have the Center." We believe this speaks to their need for their own Center, and to our worthiness as beneficiaries of your generosity. The need is great, but every gift has an impact and is greatly appreciated by our seniors. We are currently in the process of securing a piece of property but face a tremendous challenge in raising the needed funds for a new building that will provide security in meeting the needs of our community's seniors for years to come. Won't you join us in this worthy endeavor?

**To donate: [gofundme.com/f/molalla-area-seniors-need-a-new-home](https://gofundme.com/f/molalla-area-seniors-need-a-new-home)**



Molalla Area Seniors  
PO Box 1165  
Molalla, OR 97038

Nonprofit Organization  
U.S. Postage Paid  
Molalla, OR 97038  
Permit #21



DUES ARE OWED ON THE DATE LISTED ABOVE.  
PLEASE MAKE OUT ALL CHECKS for dues  
TO **MOLALLA AREA SENIORS.**

- Friday, March 1** City Of Molalla - Mobile Library
- Tuesday, March 5** Vet To Vet Café (Open to all veterans) 11am
- Wednesday, March 6** Soup & Salad Bar Fundraiser MARCH FOR MEALS 12pm
- Wednesday, March 6** Genealogy Class
- Friday, March 8** Music By Don Mitchell
- Sunday, March 10** Spring forward your clocks one hour
- Tuesday, March 12** Lawyer By Appointment 9:30am
- Tuesday, March 12** Walk With Ease Begins (Tuesday/Thursdays at 10:00am)
- Wednesday, March 12** MAS General Meeting
- Wednesday, March 13** **OUTING: SilverCreek Bowling and Lunch at The HomePlace**
- Wednesday, March 13** Crafting Corner 12:45pm
- Wednesday, March 13** Foot Clinic By Appointment 9:30am
- Friday, March 15** Music By Dennis Stafford
- Friday, March 15** Women's Cancer Support Group 1pm
- Friday, March 15** St. Patrick's Day fun - 12:00pm Wear your GREEN
- Wednesday, March 20** **OUTING: The Dullahan and a Country Drive**
- Wednesday, March 20** Foot Clinic By Appointment 9:30am
- Friday, March 22** MAS General Meeting
- Tuesday, March 26** MAS - Craft Hour 12:45pm
- Wednesday, March 27** **OUTING: Jo-Anns/Super Thift and IHOP 10:00am**
- Friday, March 29** MAS Birthday Celebrations
- Friday, March 29** Easter Egg Hunt 12:45pm
- Saturday, April 6** SAVE THE DATE - Spring Bazaar

