

# The Senior Informer

## MOLALLA ADULT COMMUNITY CENTER

Physical Address: 122 Grange Ave.  
Mailing Address: PO Box 1165, Molalla, OR 97038  
Hours: Monday - Friday: 9am - 3:00pm

### 11 YEAR ANNIVERSARY of the re-opening of the Center 2013-2024

Happy April and Happy Anniversary to the Molalla Adult Community Center. April 1st marks 11 years since the community came together to keep the Center running. We are so thankful for the Individuals, Churches, and businesses who stepped up and continue to support the vital services the Molalla Adult Community Center provides in our community.

I love this time of year, when Spring starts to show off with the beautiful blooms of the trees and flowers. Speaking of Spring, please join us on April 6th for our annual Spring Fling Bazaar, where we will have two full rooms of vendors selling their goods.

We have a full month of outings planned for you to enjoy. First, by popular demand we are going to Spirit Mountain Casino on the 3rd. On April 24th we're going to adventure to Oregon City to learn about the Oregon Trail and the Pioneers at the End of the Oregon Trail Interpretive Center.

We will have two special sponsored events here at the Center. On April 10th We are going to have a special lunch sponsored by Pheasant Pointe Assisted Living followed by a trip to the Wooden Shoe Tulip Festival. Join us at the Center for a special Bingo sponsored Molalla River Middle School FBLA on April 17th.

See you at the Center,

Amanda

### Molalla Area Seniors UPCOMING Meetings

Executive Board Meeting (2nd Wednesday) **April 10th at 3:00pm**

General Meeting (4th Friday) **April 26th at 12:15pm**

### APRIL 2024

#### Center Staff

**Amanda St. Clair-Estrada,**  
Director

**Vacant,**  
Financial Manager

**Toni Newberry,**  
Client Services Representative

**Jeannie Haak,**  
Nutrition Manager

**Dan Taylor,**  
Transportation Manager

**Robert Comartos,**  
Driver

**Gary Strean,**  
Driver

**Receptionist,**  
MAS Members

#### Molalla Area Seniors Executive Board

**Bob McNeil,**  
President

**Howard Miller,**  
Vice President

**Pat Torsen,**  
Treasurer

**Sandy Kundert,**  
Secretary

**Judy McNeil**  
**Jojie Chapman**  
**Claudia Linder**  
**Glenn Linder**  
**Dyanna Szlavich**  
**Lacressia St. Clair**  
Board Members

**The Molalla Adult Community Center is a non-profit organization created to promote recreational, educational, social, cultural, community health, and nutrition programs for senior citizens in Molalla and the surrounding area.**

**EXERCISE**

**Tai-Chi**

Monday & Friday's  
9:15am - 10:15am

**Ping Pong**

Tuesday's 2:30 - 4:00pm

**Walk With Ease**

Tuesday & Thursday's  
10:00am- 11:00am

Suggested Donation \$2

**SHOPPING**

**Monday:** Safeway

**Tuesday:** Bi-Mart

**Thursday:** Cascade Center and Goodwill

**Friday:** Safeway



**\*Please call 503-829-4214 morning of by 9:30am to get on bus list.**

See outing page for more outing options!

**ADDITIONAL SERVICES**

**Foot Clinic**

2nd AND 3rd Wednesday of the month is foot clinic with a Registered Nurse (RN). The service is by appointment only, and the cost is \$40, cash or check.

**Call 503-829-4214 to schedule**

**Lunch!** - Monday, Tuesday, Thursday and Friday's at 12pm. Suggested donation of \$3.00 for those over 60, and for those under 60, there is a \$5.00 charge.

**We also deliver Meals on Wheels for homebound clients.**

**\*\*Volunteers are appreciated!\*\***

**TRP** - Transportation Reaching People is a program designed to meet transportation needs for those 60 years or older, or an individual with a disability, who have limited practical transportation alternatives. Call TRP of Clackamas County at 503-655-8208 for enrollment. Once enrolled call the center and leave a message for scheduling a ride. **\*\*Rides are not guaranteed, as they are volunteer dependent.**

**Senior Companion** - SCP volunteers are 55 years of age or older, no longer in the regular workforce, and are capable of serving adults with unique needs. If income eligible, volunteers may receive a non-taxable stipend plus mileage reimbursement. **Call, 503-655-8875.**

**Bus Rides** - Rides into the Center for lunch, activities and local shopping. Suggested donation is \$1.50 round trip. Please call 503-829-4214 in the morning by 9:30am.

**ART & CRAFTS**

**Quilting** - Every Tuesday at 10:00am and Wednesday's at 10:15am. Come to learn how to quilt, show your skills or just to visit.

**Knit & Crochet** - Wednesday's at 10:15am

**Craft Corner** - 12:45pm  
2nd Wednesday

**MAS Craft Hour** - 12:45pm  
4th Tuesday - Something FUN as usual

**Painting** - Each Thursday, 1pm  
Suggested Donation \$5

**SPECIAL INTERESTS**

**Legal Services** - Andrew Kauffman, 2nd Tues of the month 9-11am by appointment only. 503-829-4214

**Lunchtime MUSIC**  
2nd & 3rd Friday of each month at the Center.

**Medical Equipment** - LOVE INC is now loaning equipment for Clackamas County. 503-650-0153

**Veteran Services** - Clackamas County VSO office phone: 503-650-5631

**Referral and Assistance** - For issues facing seniors. Calls are accepted on behalf of others as well. For mental health crises call County Crisis Service: 503-655-8585.

**GAMES at the CENTER**

**Bunco** - Every Monday after lunch!

**Board Games! Pinochle!** - Tuesday's after lunch, starting at 1:00 pm please join us for pinochle as well as other card and board games.

**Cribbage & Texas Holdem** - Every Thursday 1:00pm

**Bingo!** - Every Friday at 1:00pm



\$2 Suggested donation to cover prizes!

**For any questions or to schedule an appointment, call the Center at 503-829-4214**

**Happy Birthday to YOU! Happy Birthday to YOU!  
Happy Birthday Dear Members!**

- 01 Dave Campbell
- 02 Grace Lushenko
- 02 Laurie Rode
- 02 Connie Miller
- 03 Adeline Legg-Walling
- 04 Evelyn Grammer
- 04 Vera Miller
- 05 Sandra Kundert
- 06 Lola Nofziger
- 06 Jerry Smith
- 07 Virginia Cumbie
- 08 Roger Peterson
- 09 Karen Flannery
- 12 Steven McClean
- 12 Geri Monroe
- 12 Rosalee Schiewe



**APRIL**

- 13 Laura Foust
- 14 Barbara Schlitt
- 15 Gail Lambert
- 18 Stanley Weaver
- 20 Nancy Barrett
- 22 Doris Hill
- 23 Karalyn Issacson
- 23 Judy Thelander
- 23 Marcel Conley
- 26 Nanette Mitchell
- 26 Pauline Templeton
- 28 Debbie Cooke
- 28 Mona Miller
- 29 Crystal Penner
- 30 Russell Andrews
- 30 Bill Roberts
- 30 Lacreasia St Clair

\*Our apologies in advance if we missed mentioning your birthday. Please contact the Receptionist at the front desk so that we may update our records, and HAPPY BIRTHDAY! Because we adore all of our members, we don't want to miss honoring YOU on your special day!

**ROBERTA BEAUCHAMP**

**FUN FACT**

Born in Ketchikan, Alaska  
When Alaska was still a territory

**FAVORITE FOOD**

Stuffed Bell Peppers

**FAVORITE SPORT**  
Baseball

**Favorite Center Activity**  
**BINGO**

**FAMILY**

1 Son  
1 Daughter  
Has lived in Oregon  
52 years (47 in Molalla)

**WORKING YEARS**

Worked at a cannery for 17 years as well as at a campground in Montana!

**FAVORITE ANIMAL**

Dog



GET TO KNOW A CENTER MEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> THE GIRLS Turkey Pot Pie Biscuit Country Cottage Vegetables Broccoli Chocolate Chip Bar	<b>2</b> THE GIRLS Sloppy Joe Hawaiian Carrots Confetti Coleslaw Hamburger Bun Hot Cinnamon Applesauce	<b>3</b> THE GIRLS Italian Special Spaghetti/Meat Sauce Italian Vegetable Blend Spinach Romaine Salad Garlic Roll Peaches	<b>4</b> THE GIRLS <u><b>THIS MEAL IS DINE IN ONLY</b></u> Chicken Tetrazzini Spinach tossed Salad Wheat Roll Orange Delight	<b>5</b> MARQUAM UNITED METHODIST Beef & Bean Chili Capri Vegetable Blend Country Coleslaw Garlic Roll Seasonal Fruit
<b>8</b> MEADOWBROOK CHURCH Roast Pork w/Apple Chutney Sauce Whipped Sweet Potatoes Italian Vegetable Blend French Bread Grace's Chocolate Bar	<b>9</b> THE GIRLS Italian Special Spaghetti/Meat Sauce Italian Vegetable Blend Spinach Romaine Salad Garlic Roll Peaches	<b>10</b> THE GIRLS <u><b>THIS MEAL IS DINE IN ONLY</b></u> Santa Fe Chicken Salad over Spinach Romaine Corn Chowder White Dinner Roll Applesauce	<b>11</b> THE GIRLS <u><b>THIS MEAL IS DINE IN ONLY</b></u> Santa Fe Chicken Salad over Spinach Romaine Corn Chowder White Dinner Roll Applesauce	<b>12</b> MARQUAM UNITED METHODIST Sweet & Sour Pork w/Brown Rice California Vegetable Blend Marinated Zucchini Salad Sunflower Seed Roll Rocky Road Pudding
<b>15</b> COUNTRY CHRISTIAN Beef Patty w/Onion & Pepper Gravy Delmonico Potatoes San Francisco Vegetable Blend Garlic Bread Cranberry Crunch Bar	<b>16</b> NAZARENE CHURCH Turkey Apple Meatballs w/Cider Glaze Whipped Garlic Potatoes Cabbage & Carrots Oat Bran Wheat Bread Lemon Blondie	<b>17</b> MAS BOARD <u><b>THIS MEAL IS DINE IN ONLY</b></u> Cheese Omelet w/Cheese Sauce Stewed Tomatoes Tropical Fruit Biscuit Applesauce Gingerbread	<b>18</b> MAS BOARD <u><b>THIS MEAL IS DINE IN ONLY</b></u> Cheese Omelet w/Cheese Sauce Stewed Tomatoes Tropical Fruit Biscuit Applesauce Gingerbread	<b>19</b> MARQUAM UNITED METHODIST Vegetable Lasagna Roll Up In Spinach Sauce Tossed Salad/Raspberry Vinn. Glazed Carrots French Roll Snickerdoodle Bar
<b>22</b> THE GIRLS Creamy Paprika Chicken Brown Rice Coleslaw Winter Vegetable Blend Mandarin Oranges	<b>23</b> ST. JAMES ALTER SOC. Beef Mushroom Patty Garlic Whipped Potatoes Mixed Vegetable Blend Seven Grain Bread Vanilla Pudding	<b>24</b> ILY & HOMESCHOOL GRP <u><b>THIS MEAL IS DINE IN ONLY</b></u> Beef Rigatoni Bake Fiesta Vegetable Blend Garden Vegetable Salad Cracked Wheat Roll Lemon Bar	<b>25</b> ILY & HOMESCHOOL GRP <u><b>THIS MEAL IS DINE IN ONLY</b></u> Beef Rigatoni Bake Fiesta Vegetable Blend Garden Vegetable Salad Cracked Wheat Roll Lemon Bar	<b>26</b> KNIGHTS OF COLUMBUS Meatloaf Half Sandwich Broccoli & Cheese Soup Confetti Coleslaw Wheat Bread Golden Fruit Cup
<b>29</b> THE GIRLS Breaded Chicken Patty w/Cordon Bleu Sauce Brussels Sprouts Whipped Potatoes French Bread Chocolate Cake	<b>30</b> THE GIRLS Chicken Rice Bake Marinated Carrot Salad Green Peas w/Onions Squash Roll Banana Chocolate Bar	Menu is subject to change beyond our control		



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO</p>	<p><b>2</b> 10am BiMart 10am Walk With Ease 10:15am Quilt Group 11am Vet To Vet Café 12pm Lunch at the Center 1pm Pinochle &amp; Games 2:30pm PING PONG</p>	<p><b>3</b> 9am <b>OUTING: Spirit Mountain Casino</b> 10am Genealogy Class 10:15am Quilt Group</p>	<p><b>4</b> 10am Cascade Center 10am Walk With Ease 12pm Lunch at the Center 12:30pm Remote Control Cars 1pm Cribbage/Texas Holdem 1pm Paint Class <u>F</u>undraiser</p>	<p><b>5</b> 9:15am Tai Chi 10am Safeway 12pm Lunch the Center 12:30pm Mobile Library 1pm BINGO</p>
<p><b>8</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO</p>	<p><b>9</b> 9:30 Lawyer by appointment 10am BiMart 10am Walk With Ease 10:15am Quilt Group 12pm Lunch at the Center 1pm Pinochle &amp; Games 2:30pm PING PONG</p>	<p><b>10</b> 9:30am Foot Clinic by appt. 10:15am Quilt Group 12pm <b>Sponsored Lunch at The Center</b> 12:45pm Crafting Corner 1pm <b>OUTING: Wooden Shoe Tulip Festival</b> 3pm MAS Exec. Board Mtg</p>	<p><b>11</b> 10am Cascade Center 10am Walk With Ease 12pm Lunch at the Center 12:30pm Remote Control Cars 1pm Cribbage/Texas Holdem 1pm Paint Class <u>F</u>undraiser</p>	<p><b>12</b> 9:15am Tai Chi 10am Safeway 12pm Lunch the Center 12pm Don Mitchell Music* 1pm BINGO</p>
<p><b>15</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO</p>	<p><b>16</b> 10am BiMart 10am Walk With Ease 10:15am Quilt Group 12pm Lunch at the Center 1pm Pinochle &amp; Games 2:30pm PING PONG</p>	<p><b>17</b> 9:30am Foot Clinic by appt. 10:15am Quilt Group 12:30pm <b>BINGO</b> <b>Sponsored by MMS/FBLA</b></p>	<p><b>18</b> 10am Cascade Center 10am Walk With Ease 12pm Lunch at the Center 12:30pm Remote Control Cars 1pm Cribbage/Texas Holdem 1pm Paint Class <u>F</u>undraiser</p>	<p><b>19</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center. 11:15am Dennis Stafford Music* 1pm Women's Cancer Support 1pm BINGO</p>
<p><b>29</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO</p>	<p><b>30</b> 10am BiMart 10am Walk With Ease 10:15am Quilt Group 12pm Lunch at the Center 1pm Pinochle &amp; Games 2:30pm PING PONG</p>	<p><b>Call 503-829-4214 to see how YOU can participate!</b></p>	<p><b>25</b> 10am Cascade Center 10am Walk With Ease 12pm Lunch at the Center 12:30pm Remote Control Cars 1pm Cribbage/Texas Holdem 1pm Paint Class <u>F</u>undraiser</p>	<p><b>26</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 12:15pm MAS General Meeting with Birthday <b>CELEBRATIONS</b> 1pm BINGO</p>



## WEDNESDAY, APRIL 3rd - Spirit Mountain Casino

Bus leaves Center: 9:00am

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$8



**COST:**  
Set your own budget

Favorite outing request and we are happy to be able to say YES! We will make quick stops as needed to and from Grande Ronde!

Restaurants Onsite - **Prices Vary**  
Amore - Italian  
Happy Dragon - Chinese  
Mt. View Sports Bar - Variety  
Food Court - Fresh Mex and American Grill  
Stadium Bar - Quick bites of Pizza and Hot Dogs

## WEDNESDAY, APRIL 10th - Wooden Shoe Tulip Festival & Lunch at The Center

Bus leaves Center: 1:00pm

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$5

Lunch sponsored by



**PHEASANT POINTE**  
Assisted Living & Memory Care

at the Center

12:00pm

Transportation is available  
Call 503-829-4214



**WOODEN SHOE  
TULIP FARM**

**COST: \$3**

Pre-payment at the Center is required

Join us for special lunch of Ham/Turkey, Brussel sprouts, mashed potatoes and gravy and white chocolate Macadamia nut cookies for dessert. We will leave for an outing to the Wooden Shoe Tulip after lunch.

## WEDNESDAY, APRIL 24th - Oregon Trail Interpretive Center and Lunch

Bus leaves Center: 10:00am

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$5



Cost: \$13 OR FREE if you pick up a Cultural pass at the Molalla Public Library or order online at [lincc.org](http://lincc.org)

Come and learn more on the history of the Oregon Trail, Clackamas County and Oregon City: The western terminus of the Oregon Trail.



Family friendly Restaurant in Oregon City featuring:  
Burgers, Sands, Seafood, & Salads  
Menu items range from \$9 - \$15



### Outing Suggestions:

We are always open to hearing about the places YOU would like to eat and explore!

**START  
HERE!**

Let us know in the following ways:

- Drop a note in the suggestion box
- Leave a voicemail for Client Services

Just a reminder, not all suggestions are options, based on schedule and cost.





9TH ANNUAL

# SPRING FLING CRAFT BAZAAR AND VENDOR SALE

Saturday, April 6, 2024

.....

9:00am - 3:00pm

*122 Grange Ave, Molalla (503) 829-4214*

**Free Admission for Customers**

Gifts, Food, Fashion, Jewelry, Art,  
Crafts, Book, Beauty, Candy and  
**MORE!**

**\$25 per table for vendors**

Proceeds benefit Molalla Area Seniors Inc.  
and the Molalla Adult Community Center.



MOLALLA ADULT  
COMMUNITY CENTER

**BINGO**

★ \$2 SUGGESTED  
DONATION ★

APRIL 17th  
12:30pm

**PRIZES | FOOD | FUN**

Need transportation? Call 503-829-4214



Sponsored by:

Molalla Middle School FBCLA Group

MOLALLA ADULT  
COMMUNITY CENTER

*11th*

*Anniversary*

OF OUR GRAND RE-OPENING!

2013-2024

JOIN US APRIL 1ST  
FOR LUNCH  
AND CAKE

12:00PM

LET'S CELEBRATE  
THE JOURNEY!



Join us for a delicious

# SPECIAL LUNCH

\$3 Suggested Donation

**April 10th - 12:00pm**

Molalla Adult Community Center  
122 Grange Ave

Sponsored by: Pheasant Pointe

## MENU

SMOKED HAM / SMOKED TURKEY  
ROASTED BRUSSEL SPROUTS  
MASHED POTATOES AND GRAVY

## DESSERT

WHITE CHOCOLATE MACADAMIA NUT  
COOKIES

GRAB YOUR DERBY ATTIRE AND JOIN US FOR OUR  
**SAVE THE DATE**



# Kentucky Derby

# BUNCO \$5

1:30PM - 3:00PM

Prizes for Best Dressed & Best Hat

WEDNESDAY

MAY  
1ST

MOLALLA ADULT COMMUNITY CENTER  
122 GRANGE AVE - MOLALLA

TRANSPORTATION AVAILABLE -  
CALL 503-829-4214

2024

APRIL

wish list

**Bingo Prizes**

Candy  
Crossword Books  
Garden Items  
Personal Care Products

**Kitchen Supplies**

Paper Products  
Plasticware

**Meals on Wheels**

Drivers and substitute drivers are needed for the following days:

**Monday**

**Tuesday**

**Friday**

**Office Supplies**

Copy Paper  
Scotch Tape

Call the Center at 503-829-4214 if you have any questions.



Tuesday  
April 2nd  
12:15pm

Molalla Adult Community Center  
Client Services Representative

**TONI NEWBERRY**

She will be speaking about the benefits of the Walk with Ease program for those struggling with osteoarthritis.

Invite a friend and we hope to see you there!

THE CENTER'S WEEKLY BUS SCHEDULE

Ride times are between: 9:00am - 2:00pm

**MONDAY**

Will operate for rides to the Center, **Safeway**, medical and personal needs.

**TUESDAY**

Will operate for rides to the Center, **Bi-Mart**, medical and personal needs.

**WEDNESDAY**

Will only operate when there is a scheduled outing **or for special events**.

**THURSDAY**

Will operate for rides to the Center, **Cascade Center & Goodwill**, medical and personal needs.

**FRIDAY**

Will operate for rides to the Center, **Safeway**, medical and personal needs.

Call 503-829-4214 by 9:30am to schedule your ride on the day you would like a ride.

**Suggested ride donation of \$.75 each one way trip**

Tickets are available for purchase at the front desk.

**WALK WITH EASE**

**ALL LEVELS OF ABILITY ARE WELCOMED**

**TUESDAY AND THURSDAYS - 10:00am**

MOLALLA ADULT COMMUNITY CENTER  
122 Grange Ave  
Questions? Call 503-829-4214

Walk With Ease is a community-based physical activity and self-management education program that reduces the pain of arthritis and improves your health



# Around the Community



**I  
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o**

## **Resource Center at Foothills**

Location: 122 Grange Ave \*\*Dock on north end\*\*  
Tuesdays & Thursdays: 9am - 3pm  
Wednesdays: 6pm - 8:30pm

## **Molalla Service Center**

Location: 415 S. Swiegle Rd  
Open Monday and Wednesday 10am-2pm

## **Colton Helping Hands Food Bank**

Colton Community Center - 30138 S Wall Street  
Hours: Every Monday 9:00am-12:00pm

## **Molalla Christian Church**

Location: 223 E 3rd Street  
Third Thursday of the month  
Call 971-563-9673 for more information.

## **St. Vincent DePaul**

Location: St. James Catholic Church - 301 Frances St  
Third Tuesday of the month | 5:00-7:00pm  
Call 503-896-2035 for more information.

## **The Praise Fellowship Outreach**

Location: Molalla Nazarene Church - 920 Shirley Street  
**Monday's 1:00pm** \$1.00 entry. Men's, Women's and Children's clothing and accessories. Plus, books, toys and games, household items, arts, crafts, bedding and linens.

## **Life Refocused CAREGIVER SUPPORT GROUP**



Life Coaching

Meets the **FIRST** Tuesday of each month  
6:00pm - 7:30pm  
Hoffman House

523 E Main Street, Molalla OR

Debbie Hoffman 971-264-1442 OR Kathi Kingma 971-236-7722



## **UTILITY ASSISTANCE** Applications NOW Available

To schedule an appointment call  
**Toni at 503-829-4214**

Household Unit Size	Annual Gross Income*	Monthly Gross Income*
1	\$33,427	\$2,785.58
2	\$43,712	\$3,642.67

Additional list is available if there are more people in your home

Cooling assistance applications for this time frame is aimed at the most vulnerable senior and disabled Clackamas County residents including those that are homebound, medically fragile or requiring assistance to apply for services.

## **WATER UTILITY ASSISTANCE AVAILABLE**



1. Meet income guidelines
2. City Of Molalla Water only
3. Bill must be in YOUR name

Call 503-650-5640, option 5 for an application.

## **LINES FOR LIFE**

Supporting seniors in our community who are feeling lonely or having difficulty connecting.



503-200-1633 **OR** 1-800-282-7035



## **Molalla HOMESAFE Program**

**CALL 503-829-4214**

A program to aid the Safety of those living in Molalla with memory loss. Contact the Center for more details or to complete enrollment. 503-829-4214



## WHAT IS MAS?

Molalla Area Seniors, Inc. is a 501c3 who exists to serve as the Advisory Board for the Molalla Adult Community Center, which serves the communities of Molalla, Mulino, Colton, Beaver Creek and rural Canby.

Interested in learning more about being a board member or how to get involved please contact any of the Board members listed on the front page or call the Center at 503-829-4214 to get connected!

# What is the MAS Board looking to do in 2024 and how can you be involved?

## Find out more by joining us at our next general meeting scheduled for APRIL 26th at 12:15pm

Lunch is served at 12:00pm



Assembly of God  
Cascade Sleep Supply, LLC  
Clackamas County Meals on Wheels  
Clarkes Grange #261  
Clarkes United Methodist Church  
Clarkes United Methodist Women  
Cowboy Coffee  
El Charrito  
Figaro's Pizza  
Foothills Community Church  
Hi-School Pharmacy, Molalla  
MARJAK Enterprises, Inc.  
Marquam United Methodist Church

## A special "Thank You" to our 2023/2024 sponsors and **all** our sponsors throughout the years.

Is your business interested in becoming a donor of the Molalla Adult Community Center or Molalla Area Seniors?

Contact the Center at 503-829-4214 for additional information on both of these non-profit organizations who are serving the Molalla, Mulino, Beaver Creek, Colton and rural Canby communities.

Marquam United Methodist Women  
Molalla Area Chamber of Commerce  
Molalla Area Seniors Inc.  
Molalla Communications  
Molalla Grange  
Molalla Seventh Day Adventist Church  
Molalla United Methodist Women  
Mountain View Business Services  
National Christian Foundation  
New Horizon's Family Thrift Store  
NW Fitness & Strength  
Specialty Polymers, Inc  
St. James Catholic Church  
Stoller Farms  
VFW Auxiliary Women


And to everyone in the local community who have privately donated to keep this Center open and running for our members.

Honor your loved one(s) with a donation to the:  
Molalla Adult Community Center.

When you make a tribute gift, you are honoring your loved one while helping people around the community.

*In Loving Memory*

Annie Dickson \$50



**MAS, Inc.**  
**General Meeting Minutes**  
**February 23, 2024**

*Our Apologies*

Due to unforeseen circumstances,  
meeting notes were unavailable  
at the time of printing.

Notes will be available at the next  
general meeting April 26, 2024

**Progress Report:**

In 2022, we were given an opportunity to purchase a piece of land in the heart of Molalla on West Heintz Street, due to a generous offer by the land owner. We submitted a wetland survey request to the State Of Oregon and it was approved January 6, 2024, which has allowed us to move forward with closing on this property, and that was completed on February 16, 2024!

The story continues...



# Molalla Area Seniors Invite A Friend

## Membership Application

New Member \_\_\_\_\_ Renewal \_\_\_\_\_ Update Only \_\_\_\_\_

Single Membership \$15/Year Couple: \$25/Year

DATE: \_\_\_\_\_

Name #1: \_\_\_\_\_ Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Address: \_\_\_\_\_

Over 60? Yes / No

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Name #2 \_\_\_\_\_ Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Over 60? Yes / No

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Making a Donation to support the Molalla Area Seniors is easy!

\*Make donation checks payable to: **Molalla Area Seniors/Mas  
& Mail to PO Box 1165 Molalla, 97038**

Donor Name: \_\_\_\_\_

Address: \_\_\_\_\_

In Honor of: \_\_\_\_\_

In Memory of: \_\_\_\_\_

In Celebration of (Birthday): \_\_\_\_\_

Donation Enclosed:

Amount \$



Nutrition Program Update: **Fiscal Year July 2023 - June 2024**

<b>Revenue:</b>	
Congregate Dining	\$4,914.83
Donations	\$13,350.00
MOW - Meals On Wheels	\$7,160.95
Government - Clackamas County	\$36,262.95
Government - State	\$10,718.75
Other	
<b>Total YTD:</b>	<b>\$64,599.48</b>
<b>Expenses:</b>	
Direct Nutrition Expenses:	\$28,571.50
In-Direct Expenses:	\$61,949.04
Direct Nutrition Budget 2023/24	\$76,000



**Some fun facts that happened in:**

**FEBRUARY 2024**

**2,437** Meals served/delivered.

**266** Rides on our bus were provided.

**335** Hours of documented volunteer time!

## Molalla Area Seniors Need A New Home!

Want to join us in making a difference? We're raising money to benefit Molalla Area Seniors, Inc. with a new center. All donations go to the building fund and we are constantly fund-raising and looking for grant funds in order to build this new center.

Our Molalla Adult Community Center currently shares space with Foothills Community Church in their multipurpose room that Foothills has generously offered to share. However, this shared space is woefully inadequate to continue to provide the services our seniors need. Because our staff and volunteers continue to work hard to provide services, the Center is more than a place for seniors to meet for a meal. In addition to activities like Bingo, board games, exercise classes, special events, trips to areas of interest, assistance with rides to medical appointments, transportation to Center activities and local shopping, nurse-supervised pedicures, legal advice from an attorney, bookmobile access, referrals for medical insurance information, assistance with heating bills, referrals to other county/state agencies that provide for specific needs, and a growing number of other services beneficial to our participants. Along with our primary focus on Meals on Wheels, which provides not only food, but also in-person contact with homebound seniors that is essential for providing for their safety, the Molalla Adult Community Center is a vital and worthy part of the Molalla community. We have grown exponentially and continue to expand as we see the needs of our seniors and seek to find resources for them.

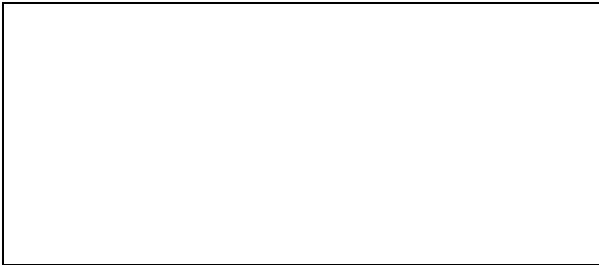
Our financial need is based on the fact that our seniors do not have a place of their own, and we are rapidly growing out of the shared space at Foothills. We are seeking funds to build a new center that would belong only to our seniors and handicapped members, owned by Molalla Area Seniors, Inc. It is very difficult to function effectively in limited shared space and especially difficult to provide the necessary confidentiality. Our community of seniors continues to expand as baby-boomers age into their senior years. Many of our participants have expressed appreciation for the Center, telling us on more than one occasion that we "saved their lives" and they "don't know what they would do if they didn't have the Center." We believe this speaks to their need for their own Center, and to our worthiness as beneficiaries of your generosity. The need is great, but every gift has an impact and is greatly appreciated by our seniors. We are currently in the process of securing a piece of property but face a tremendous challenge in raising the needed funds for a new building that will provide security in meeting the needs of our community's seniors for years to come. Won't you join us in this worthy endeavor?

**To donate: [gofundme.com/f/molalla-area-seniors-need-a-new-home](https://gofundme.com/f/molalla-area-seniors-need-a-new-home)**



Molalla Area Seniors  
PO Box 1165  
Molalla, OR 97038

**Nonprofit Organization**  
**U.S. Postage Paid**  
**Molalla, OR 97038**  
**Permit #21**



**DUES ARE OWED ON THE DATE LISTED ABOVE.  
PLEASE MAKE OUT ALL CHECKS for dues  
TO MOLALLA AREA SENIORS.**

- Tuesday, April 2** Vet To Vet Café (Open to all veterans) 11am
- Wednesday, April 3** Genealogy Class 10am
- Wednesday, April 3** **OUTING: Spirit Mountain Casino 9am**
- Friday, April 5** City Of Molalla - Mobile Library
- Saturday, April 6** Spring Fling Craft Bazaar & Vendor Sale 9am-3pm
- Tuesday, April 9** Lawyer By Appointment 9:30am
- Wednesday, April 10** Special Sponsored Lunch 12pm
- Wednesday, April 10** MAS Executive Board Meeting
- Wednesday, April 10** Crafting Corner 12:45pm
- Wednesday, April 10** Foot Clinic By Appointment 9:30am
- Wednesday, April 10** **OUTING: Wooden Shoe Tulip Festival 1pm**
- Friday, April 13** Music By Don Mitchell
- Wednesday, April 17** Foot Clinic By Appointment 9:30am
- Friday, April 19** Music By Dennis Stafford
- Friday, April 19** Women's Cancer Support Group 1pm
- Tuesday, April 23** MAS - Craft Hour 12:45pm
- Wednesday, April 24** **OUTING: Oregon Trail Interpretive Center and Lunch**
- Friday, April 26** MAS General Meeting & Birthday Celebrations
- Wednesday, May 1** SAVE THE DATE - Soup & Salad Bar Fundraiser 12:00pm - 1:00pm
- Wednesday, May 1** SAVE THE DATE - Kentucky Derby Bunco Fundraiser 1:30pm - 3:00pm

