

# The Senior Informer

## MOLALLA ADULT COMMUNITY CENTER

Physical Address: 122 Grange Ave.  
Mailing Address: PO Box 1165, Molalla, OR 97038  
Hours: Monday - Friday: 9am - 3:00pm

Happy February Members,

This month is known as the month of love. I was curious what the definition of love is. The Webster dictionary definition is “**a quality or feeling of strong or constant affection for and dedication to another**”. We see that first hand everyday here at the Center. The connections made here are so special.

In February our community comes together for the High School’s Annual Share the Love event. As many of you know Molalla Area Seniors. Inc. was a recipient a couple of years ago. It was a blessing to be a part of such a special event that has helped so many people in our beloved community over the years. As a Center we will participate at various events. We will announce which events that we as a Center will participate in when the schedule is available.

This month instead of our Soup and Salad bar we are going to serve breakfast with all proceeds going to our Meals on Wheels Program. At the end of the month you can try your luck at Spirit Mountain Casino. Sign up early as this outing is very popular and fills up fast.

See you at the Center,

*Amanda Estrada*  
Center Director



### Molalla Area Seniors UPCOMING Meetings

Executive Board Meeting (2nd Wednesday) **February 12th at 3:00pm**

General Meeting (4th Friday) **February 28th at 12:30pm**

### February 2025

#### Center Staff

**Amanda St. Clair-Estrada,**  
Director

**Denise Ribbeck**  
Financial Manager

**Toni Newberry,**  
Client Services Representative

**Jeannie Haak,**  
Nutrition Manager

**Dan Taylor,**  
Transportation Manager

**Robert Comartos,**  
Driver

**Gary Strean,**  
Driver

**Receptionist,**  
MAS Members

#### Molalla Area Seniors Executive Board

**Bob McNeil,**  
President

**Howard Miller,**  
Vice President

**Judy McNeil,**  
Treasurer

**Lacressia St Clair,**  
Secretary

**Don Guliford**  
**Pat Torsen**  
**Jojie Chapman**  
**Lois Middleton**  
**Glenn Linder**  
**Lenore Hayton**  
Board Members

**The Molalla Adult Community Center is a non-profit organization created to promote recreational, educational, social, cultural, community health, and nutrition programs for senior citizens in Molalla and the surrounding area.**

**EXERCISE**

**Tai-Chi**

Monday & Friday's  
9:15am - 10:15am

**Ping Pong**

Tuesday's 2:30 - 4:00pm

**Geri-Fit *\*\*New Program\*\****



Tuesday & Thursday's  
9:15am- 10:00am

Suggested Donation \$2

**SHOPPING**

**Monday:** Safeway

**Tuesday:** Bi-Mart

**Thursday:** Cascade Center and Goodwill

**Friday:** Safeway



**\*Please call 503-829-4214 morning of by 9:30am to get on bus list.**

See outing page for more outing options!

**ADDITIONAL SERVICES**

**Foot Clinic**

2nd AND 3rd Wednesday of the month is foot clinic with a Registered Nurse (RN). The service is by appointment only, and the cost is **\$40**, cash or check.

**Call 503-829-4214 to schedule**

**Lunch!** - Monday, Tuesday, Thursday and Friday's at 12pm. Suggested donation of \$3.00 for those over 60, and for those under 60, there is a \$5.00 charge.

**We also deliver Meals on Wheels for homebound clients.**

**\*\*Volunteers are appreciated!\*\***

**TRP** - Transportation Reaching People is a program designed to meet transportation needs for those 60 years or older, or an individual with a disability, who have limited practical transportation alternatives. Call TRP of Clackamas County at 503-655-8208 for enrollment. Once enrolled call the center and leave a message for scheduling a ride. **\*\*Rides are not guaranteed, as they are volunteer dependent.**

**Senior Companion** - SCP volunteers are 55 years of age or older, no longer in the regular workforce, and are capable of serving adults with unique needs. If income eligible, volunteers may receive a non-taxable stipend plus mileage reimbursement. **Call, 503-655-8875.**

**Bus Rides** - Rides into the Center for lunch, activities and local shopping. Suggested donation is \$1.50 round trip. Please call 503-829-4214 in the morning by 9:30am.

**ART & CRAFTS**

**Quilting** - Every Tuesday at 10:00am and Wednesday's at 10:15am. Come to learn how to quilt, show your skills or just to visit.

**Sewing Class**- Tuesday's 1:00pm  
\*suggested donation \$2 per class

**Craft Corner** - 12:45pm  
2nd Wednesday

**MAS Craft Hour** - 12:45pm  
4th Tuesday

**Painting** - Each Thursday, 1pm  
Suggested Donation \$5- proceeds go to the MAS building fund.

**SPECIAL INTERESTS**

**Legal Services** - Andrew Kauffman, 2nd Tues of the month 9-11am by appointment only.  
503-829-4214

**Lunchtime MUSIC** 🎵  
3rd Friday of each month at the Center.

**Medical Equipment** - LOVE INC is now loaning equipment for Clackamas County. Call The Center at 503-829-4214 for more information.

**Veteran Services** - Clackamas County VSO office phone:  
503-650-5631

**Referral and Assistance** - For issues facing seniors. Calls are accepted on behalf of others as well. For mental health crises call County Crisis Service:  
503-655-8585.

**GAMES at the CENTER**

**Bunco** - Every Monday after lunch!

**Board Games! Pinochle!** - Tuesday's after lunch, starting at 1:00 pm please join us for pinochle as well as other card and board games.

**Bingo!** - Every Friday at 1:00pm



\$2 Suggested donation to cover prizes!

**For any questions or to schedule an appointment, call the Center at 503-829-4214**

Hahn Carroll	1
Billy Davey	3
Judy Reasoner	3
Don Tiberio	3
Shawna Larson	4
Nancy Helmick	8
Phyllis Morris	5
Judy Weeks	8
Elaine Daniels	10
Patricia Krupicka	11
Judy Yoder	12

Gregory Graham	12
Laurence Walch	14
Henry Neria	15
Gary Still	16
William Morris	19
Ann Marie Renken	20
Mary Gilson	21
Gail Sawyer	22
Nicholas Scharer	22
Phil White	23
Mary Lillis	25

Ben Boffard	26
Dennis Ray	26
Mike Tymkowicz	27



**Happy Birthday  
to YOU!**

**Happy  
Birthday  
to you...**

\*Our apologies in advance if we missed mentioning your birthday. Please contact the Receptionist at the front desk so that we may update our records, and HAPPY BIRTHDAY! Because we adore all of our members, we don't want to miss honoring YOU on your special day!

# SHARE YOUR STORY!

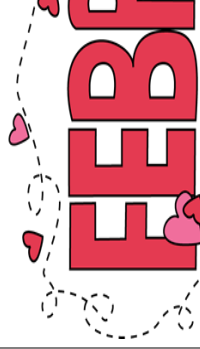
**We would love to get to know more about you as our members and our volunteers! Please take a moment to submit your biography and let us highlight you in a future newsletter!**

Why should I share my story? Here are some valuable reasons why it is important!

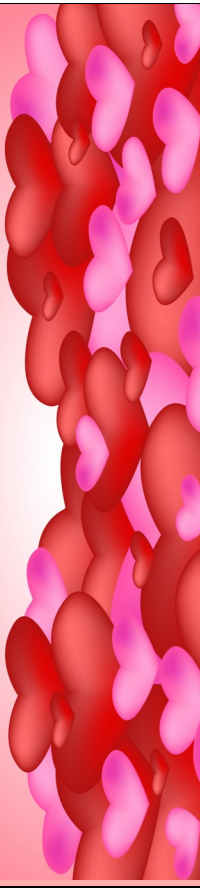
- To connect with others through shared experiences
- To inspire and empower others
- For personal reflection
- For your voice to be heard

As members of a Senior Center, isolation is a real thing for many. This helps people to know they are not alone or forgotten.

For additional help or information, please contact the Center at 503-829-4214

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY (Dine In)****FRIDAY**

**Menu is subject to change beyond our control**



**3 Servers: The Girls**  
Beef Mushroom Patty  
Whipped Potatoes  
Cabbage and Carrots  
French Bread  
Sliced Apples

**4 Servers: The Girls**  
Farmer's Chicken Stew  
Whole Kernel Corn  
Spinach Salad  
Oat Bran Wheat Roll  
Tropical Fruit

**5**

**6 Servers: The Girls**  
Beef Taco  
Pinto Beans  
Cilantro Coleslaw  
Flour Tortilla  
Pineapple Tidbits


**7 Servers: Marquam United Methodist**  
Swiss Style Patty  
Swiss Steak Sauce  
Garlic Whipped Potatoes  
Spinach  
Cracked Wheat Bread  
Peaches

**10 Servers: Meadowbrook**  
Cheese Lasagna Rollup  
In Marinara Sauce  
Sliced Carrots  
Broccoli  
Honey Wheat Roll  
Fresh Orange

**11 Servers: MAS Board**  
Caribbean Chicken  
Colcannon Potatoes  
Green Beans/ red peppers  
Seven Grain Bread  
Applesauce

**12**

**13 Servers: The Girls**  
Lime Chicken  
Fiesta Vegetables  
Broccoli Ranch Coleslaw  
Rye Bran Roll  
Frosted Marble Cake

**14 Servers: Marquam United Methodist**  
Parmesan Chicken   
Whole Grain Penne Pasta  
California Vegetables  
Carrot Raisin Salad  
Sunflower Seed Bread  
Valentine Sugar Cookie

**17 Center Closed**



**18 Servers: Mol. Nazarene**  
Orange Glazed Chicken  
Brown Rice  
Peas and Carrots  
Coleslaw  
Peach

**19**

**20 Servers: The Girls**  
Ground Beef Stew  
Spinach  
Black Bean and Corn Salad  
Dill Roll  
Pears

**21 Servers: Marquam United Methodist**  
Country Meatballs  
Country Gravy  
Diced Potatoes  
Broccoli and Cauliflower  
Rye Bran Bread  
Mandarin Oranges


**24 Servers: The Girls**  
Cheese Omelet w/ Cheese Sauce  
Peas and Carrots  
Green Beans  
Herb Roll  
Pineapple Tidbits

**25 Servers: St. James alter Society**  
Meatloaf w/ Brown Gravy  
Whipped Potatoes  
Brussels Sprouts & Corn  
Focaccia Bread  
Fresh Orange

**26**

**27 Servers: Homeschool Group**  
Beef Kettle Lasagna  
Green Beans  
Mixed Vegetables  
Squash Bread  
Fresh Orange

**28 Servers: Knights of Columbus**  
Around the World :  
Beef Picadillo  
Cilantro Rice  
Pinto Beans  
Romaine Iceberg Salad  
Applesauce

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b> 9:15am Tai Chi 10am Genealogy Class 10am Safeway 12pm Lunch at the Center 1pm BUNCO</p>	<p><b>4</b> 9:15am Geri-Fit 10am BiMart 10:15am Quilt Group 11am Vet To Vet Café 12pm Lunch at the Center 1pm Pinochle &amp; Games 1pm Sewing Class 2:30pm Ping Pong</p>	<p><b>5</b> 10:15am Quilt Group <b>10:00am Breakfast Fundraiser</b></p>	<p><b>6</b> 9:15am Geri-Fit 10am Cascade Center 12pm Lunch at the Center 1pm Paint Class Fundraiser</p>	<p><b>7</b> 9:15am Tai Chi 10am Safeway 12pm Lunch the Center 1pm BINGO</p>
<p><b>10</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO</p>	<p><b>11</b> 9:15am Geri-Fit 9:30 Lawyer by appointment 10am BiMart 10:15am Quilt Group 12pm Lunch at the Center 1pm Pinochle &amp; Games 1pm Sewing Class 2:30pm Ping Pong</p>	<p><b>12</b> 9:30am Foot Clinic by appt. <b>10:00am Outing: Hobby Lobby &amp; IHOP</b> 10:15am Quilt Group 12:45pm Crafting Corner 3pm MAS Exec. Board Mtg</p>	<p><b>13</b> 9:15am Geri-Fit 10am Cascade Center 12pm Lunch at the Center 1pm Paint Class Fundraiser</p>	<p><b>14 Happy Valentines Day</b> 9:15am Tai Chi 10am Safeway 11am Medicare Class 12pm Lunch the Center 1pm <b>Valentine BINGO</b></p>
<p><b>17 Center Closed</b></p> 	<p><b>18</b> 9:15am Geri-Fit 10am BiMart 10:15am Quilt Group 12pm Lunch 1pm Pinochle &amp; Games 1pm Sewing Class 2:30pm Ping Pong</p>	<p><b>19</b> 9:30am Foot Clinic by apt <b>10:00am Outing: Ray of Hope Thrift Store &amp; Red Robin</b></p>	<p><b>20</b> 9:15am Geri-Fit 10am Cascade Center 12pm Lunch at the Center 1pm Paint Class Fundraiser</p>	<p><b>21</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center. 11:15am Dennis Stafford Music 1pm Women's Cancer Support 1pm BINGO</p>
<p><b>24</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BUNCO</p>	<p><b>25</b> 9:15am Geri-Fit 10am BiMart 10:15am Quilt Group 12pm Lunch 12:45pm MAS Crat Hour 1pm Pinochle &amp; Games 1pm Sewing Class 2:30pm Ping Pong</p>	<p><b>26</b> 10:15am Quilt Group <b>9:00am Spirit Mt. Casino &amp; Dairy Queen</b></p>	<p><b>27</b> :15am Geri-Fit 10am Cascade Center 12pm Lunch at the Center 1pm Paint Class Fundraiser</p>	<p><b>28</b> 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 12:30pm MAS General Meeting AND Birthday Celebrations 1pm BINGO</p>

**Wednesday, February 5th : Breakfast Fundraiser at the Center**

To ride the bus to the Center call 503-829-4214 call before 9:00am Sugg. Bus Ride Donation \$3



**Breakfast Fundraiser**

**10:00am**

**Pancakes, eggs, bacon, sausage, fruit and more  
\$6 with proceeds benefiting the  
Meals on Wheels Program.**

**WEDNESDAY, February 12th: Hobby Lobby and IHOP in Oregon City**

Bus leaves Center: 10:00am

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$5



Cost: Set your own budget  
Crafts and home décor.



Breakfast and lunch \$6 and up

**WEDNESDAY, February 19th: Ray of Hope Thrift Store & Red Robin in Woodburn**

Bus leaves Center: 10:00am

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$5

After you find your treasures at the thrift store, we'll head to Red Robin for their Bottomless fries.



**WEDNESDAY, February 26th : Spirit Mountain Casino & Dairy Queen**

Bus leaves Center: 9:00am

Sign up: 503-829-4214

Sugg. Bus Ride Donation \$8



Cost: Set your own budget

**Lunch:** Spirit Mountain restaurants provide a gourmet dining experience for every appetite.

Located in Grand Ronde, Oregon, Spirit Mountain Casino features hundreds of the most popular slots on the market. Whether you're looking for more traditional single-game slots, multi-game machines, touchscreen, or even progressive jackpots, there are a variety of games to choose from.



# 5 Essential Tips for a Healthy Diet

## 1. Eat More Vegetables



Incorporate a variety of colorful vegetables into your meals

## 2. Stay Hydrated



Drink plenty of water throughout the day

## 3. Balanced Portions



Ensure a balanced mix of proteins, carbs, and fats on your plate.

## 4. Limit Sugary Drinks



Drink plenty of water throughout the day

## 5. Healthy Snacking



Choose fruits, nuts, or yogurt for a healthy snack



### Fruity French Toast Casserole

- 8 cups **bread** cubes; try whole-grain bread
- 2 cups sliced or chopped **fruit**, fresh, frozen, or canned and drained
- 4 **eggs**, slightly beaten
- 1 cup lowfat **milk**
- 2 teaspoons **vanilla**
- ¼ cup **sugar**
- ¼ cup **margarine** or **butter**, softened
- ½ cup **flour**, all-purpose or whole-wheat

#### Directions

1. Wash hands with soap and water.
2. Rinse or scrub fresh fruits under running water before preparing.
3. Lightly oil an 8x8-inch baking dish or 2-quart casserole. Add bread cubes and

fruit.

4. In a medium bowl, blend eggs, milk, vanilla and sugar. Pour over bread and fruit. Stir gently to wet all bread with egg mixture. Wash hands after handling raw eggs.

5. Cover and refrigerate until all liquid is absorbed, about 30 minutes or overnight.

6. Just before baking, remove casserole from refrigerator. Preheat oven to 350 degrees F.

7. Make the topping: In a small bowl, combine the softened margarine, sugar, and flour with a fork until crumbly.

Uncover the casserole and sprinkle topping over fruit. Bake until completely set and starting to brown, about 35 to 40 minutes or until the internal temperature reaches 160 degrees F on a food thermometer. A longer baking time is needed when the dish is chilled overnight. Serve warm.

Prep time: 10 minutes

Cook time: 45 minutes

Makes: 8 Cups



## BREAKFAST FUNDRAISER

FEBRUARY 5TH

10AM

\$6

PANCAKES, BACON, SAUSAGE, EGGS,  
FRUIT AND MORE

BENEFITING OUR MEALS ON WHEELS  
PROGRAM

### THE CENTER'S WEEKLY BUS SCHEDULE

Ride times are between: 9:00am - 2:00pm

#### MONDAY

Will operate for rides to the Center,  
**Safeway**, medical and personal needs.

#### TUESDAY

Will operate for rides to the Center,  
**Bi-Mart**, medical and personal needs.

#### WEDNESDAY

Will only operate when there is a  
scheduled outing **or for special events**.

#### THURSDAY

Will operate for rides to the Center,  
**Cascade Center & Goodwill**, medical and  
personal needs.

#### FRIDAY

Will operate for rides to the Center,  
**Safeway**, medical and personal needs.

Call 503-829-4214 by 9:30am to schedule your  
ride on the day you would like a ride.

**Suggested ride donation of \$.75 each one way trip**

Tickets are available for purchase at the front desk.



## January Wish List

#### Office Supplies

Copy Paper  
Postage Stamps

#### Meals on Wheels

Drivers and substitute drivers are needed for the following days:

#### Kitchen Supplies

Aluminum Foil  
Spoon, Forks, Knives  
Zip lock bags

**Monday  
Tuesday  
Friday**

#### Bingo Prizes

Candy  
Crossword Book  
Seasonal Decorations  
Personal Care Products

Call the Center at 503-829-4214  
if you have any questions about donation needs.



# Around the Community



**I**  
**n**  
**f**  
**o**

## **Resource Center at Foothills**

Location: 122 Grange Ave \*\*Dock on north end\*\*  
Tuesdays & Thursdays: 9am - 3pm  
Wednesdays: 5:30pm - 7:30pm

## **Molalla Service Center**

Location: 415 S. Swigle Rd  
Open Monday and Wednesday 10am-2pm

## **Colton Helping Hands Food Bank**

Colton Community Center - 30138 S Wall Street  
Hours: Every Monday 9:00am-6:00pm

## **Molalla Christian Church**

Location: 223 E 3rd Street  
Third Thursday of the month  
Call 971-563-9673 for more information.

## **St. Vincent DePaul**

Location: St. James Catholic Church - 301 Frances St  
Third Tuesday of the month | 5:00-7:00pm  
Call 503-896-2035 for more information.

## **The Praise Fellowship Outreach**

Location: Molalla Nazarene Church - 920 Shirley Street  
Monday's 1:00pm \$1.00 entry. Men's, Women's and Children's clothing and accessories. Plus, books, toys and games, household items, arts, crafts, bedding and linens.



Brax Laundry  
1515 W Main Street, Molalla

**Every Tuesday 11:00am - 1:00pm**

Laundry Love washes the clothes and bedding of low/no income families and person(s) across the US. We brighten the lives of thousands of people through love, dignity, and detergent by partnering with diverse groups and laundromats nationwide. Contact Info: aarynp@yahoo.com



## **UTILITY ASSISTANCE**

Applications Are Available

To schedule an appointment call  
Toni at 503-829-4214

Household Unit Size	Annual Gross Income*	Monthly Gross
1	\$36,811	\$3,067.58
2	\$48,138	\$4,011.50

Additional list is available if there are more people in your home

Heating assistance applications for this time frame is aimed at the most vulnerable senior and disabled Clackamas County residents including those that are homebound, medically fragile or requiring assistance to apply for services.



Need Additional Resources? Call

**503-650-5622**



Community Support & Recreation, Transportation, Family Caregivers and In-Home Services  
Food / Housing, Veterans Services, Disability Services, Financial Assistance, Health & Wellness, Medicare/Medicaid, Crisis and Legal Support, and MORE!

## **LINES FOR LIFE**

Supporting seniors in our community who are feeling lonely or having difficulty connecting.



503-200-1633 OR 1-800-282-7035



**Molalla HOMESAFE Program**

**CALL 503-829-4214**

A program to aid the Safety of those living in Molalla with memory loss. Contact the Center for more details or to complete enrollment. 503-829-4214



### Outing Suggestions:

We are always open to hearing about the places YOU would like to eat and explore!

**START  
HERE!**

Let us know in the following ways:

- Drop a note in the suggestion box
- Leave a voicemail for Client Services

Just a reminder, not all suggestions are options, based on schedule and cost.

*Thank  
you* ❤️

A special “Thank You” to our 2024/2025 sponsors and **all** our sponsors throughout the years.

Assembly of God  
 Clackamas County Meals on Wheels  
 Clarkes Grange #261  
 Clarkes United Methodist Church  
 Clarkes United Methodist Women  
 Cowboy Coffee  
 El Charrito  
 Figaro’s Pizza  
 Foothills Community Church  
 Hi-School Pharmacy, Molalla  
 MARJAK Enterprises, Inc.  
 Marquam United Methodist Church  
 Marquam United Methodist Women

Is your business interested in becoming a donor of the Molalla Adult Community Center or Molalla Area Seniors?  
 Contact the Center at 503-829-4214 for additional information on both of these non-profit organizations who are serving the communities of:  
 Molalla,  
 Mulino,  
 Beavercreek,  
 Colton and  
 Rural Canby

Molalla Area Chamber of Commerce  
 Molalla Area Seniors Inc.  
 Molalla Communications  
 Molalla Grange  
 Molalla Seventh Day Adventist Church  
 Molalla United Methodist Women  
 Mountain View Business Services  
 National Christian Foundation  
 New Horizon’s Family Thrift Store  
 NW Fitness & Strength  
 Pheasant Pointe Assisted Living  
 St. James Catholic Church  
 Stoller Farms  
 VFW Auxiliary Women

And to everyone in the local community who have privately donated to keep this Center open and running for our members.

Honor your loved one(s) with a donation to the:  
Molalla Adult Community Center.

When you make a tribute gift, you are honoring your loved one while helping people around the community.

In Memory  
of

Fred Montgomery \$300

# Molalla Area Seniors Board - General Meeting Minutes and Information

## GENERAL MEETING

DEC 27, 2024

The meeting was called to order by President Bob McNeil, who led us in the Pledge of Allegiance. The minutes of Nov 27, 2024 was read by Secretary Lacreasia St Clair.

**MOTION:** to accept the minutes as read by Joanne Tabor, seconded by Tara Martin.

The Treasurer's report was presented by Pat Torsen.

Beginning balance \$864.03, Income \$2,424 with a transfer from the money market account of \$16,000 which made a total of \$19,288.03. Expenses \$15,280 ending total \$4,008.03. Savings account \$583.40, Allette Fund \$48,012.49, Building Fund \$232,464.42, Nutrition \$8,035, General Fund \$21,224.02.

Pat said that we have raised \$323,355 as of November 30, 2024 for the building fund, with the \$200,000 grant we have \$523,355.

**MOTION:** was made to accept the treasurer report as read by Roberta Beauchamp, second by Tara Martin.

Amanda Estrada, the Director of the Center reported \$15,538.35 income with \$20,141.47 with a net loss of -\$4,603.12, due to late state reimbursement. 2,550 meal served, 294 bus rides, 5.7 hours of case management, 18 reassurance calls, 4 information assistance, 13 utility assistance, 400 volunteer hours.

She also reported that a check for \$10,000 from Clackamas County Meals on Wheels was received. 160 Christmas bags were given out that were donated by personal donations, Foothills Church Christmas drive, and from the giving tree at Hi-School Pharmacy.

Spirit Week will be January 13-17. The center will be closed January 1, January 20, and January 22 which will be a cleanup day,

We had our annual MAS Board election for directors. The results are as follow:

Howard Miller, Vice President

Judy McNeil, Treasurer

Jojie Chapman, Director

Lenore Hayton, Director

Lois Middleton, Director

Pat Torsen, Director

### NEW BUSINESS:

Bob reported that someone had come forward that will allow us to bring the sewer line thru their property with no charge.

\$5 drawing – Jim from St James Church, he donated it back to MAS. He also won the pie drawing.

**MOTION** to adjourn at 12:42 by Dwight Naylor.

Respectfully Submitted

Lacreasia St Clair



# Molalla Area Seniors Invite A Friend

## Membership Application

New Member \_\_\_\_\_ Renewal \_\_\_\_\_ Update Only \_\_\_\_\_

Single Membership \$15/Year Couple: \$25/Year

DATE: \_\_\_\_\_

Name #1: \_\_\_\_\_ Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Address: \_\_\_\_\_

Over 60? Yes / No

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Name #2 \_\_\_\_\_ Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Over 60? Yes / No

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Making a Donation to support the Molalla Area Seniors is easy!  
\*Make donation checks payable to: **Molalla Area Seniors/Mas**  
**& Mail to PO Box 1165 Molalla, 97038**

Donor Name: \_\_\_\_\_

Address: \_\_\_\_\_

In Honor of: \_\_\_\_\_

In Memory of: \_\_\_\_\_

In Celebration of (Birthday): \_\_\_\_\_

Donation Enclosed:

Amount \$

Nutrition Program Update: **Fiscal Year July 2024 - June 2025**

Some fun facts that happened in:  
**December 2024**

<b>Revenue:</b>	
Congregate Dining	\$3,612.33
Donations	\$2,520
MOW - Meals On Wheels	\$4,700
Government - Clackamas County	\$21,875.21
Government - State	\$5,978.00
Other	
<b>Total YTD:</b>	<b>\$38,685.54</b>
<b>Expenses:</b>	
Direct Nutrition Expenses:	\$19,990.95
In-Direct Expenses:	\$39,695.61
Direct Nutrition Budget 2024/25	\$76,000

**2,529** Meals served/delivered  
**404** Rides on our bus were provided.  
**300** Hours of documented volunteer time!



## FUTURE HOME OF THE MOLALLA ADULT COMMUNITY CENTER

**Fall 2022**– The decision was made to purchase land and build a new Center.

**Early 2023**— Started a building fund. MAS Inc. was a recipient for the “Share the Love” Event. MAS began to look for land to buy.

**Mid 2023**– MAS decided to purchase land on Heintz St. that was not for sale, owner agreed to sell only for a new Center. Wet land survey was completed and approved.

**February 2024**– The purchase of the Property was completed. Professional engineers came forward to help and guide at no cost.

A federal ARPA Grant was awarded for \$200,000. Clackamas County Block Grant was submitted in December 2024. A letter of support was received from the City of Molalla in support of the building project. Design engineer is finalizing site plans.

A private land owner agreed to allow the sewer line to go through their property to Toliver St.

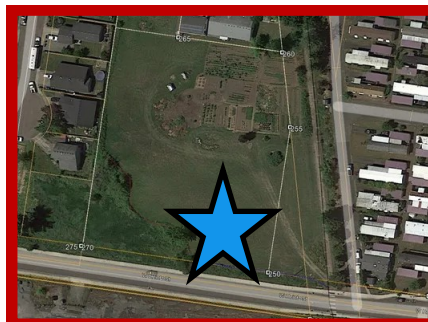
Donations are appreciated and can be accepted by:

**MAIL**

Molalla Area Seniors (MAS)  
PO Box 1165

**IN PERSON**

122 Grange Ave  
Molalla OR 97038



West Heintz Street  
Between Kennel Ave & Ridings Ave

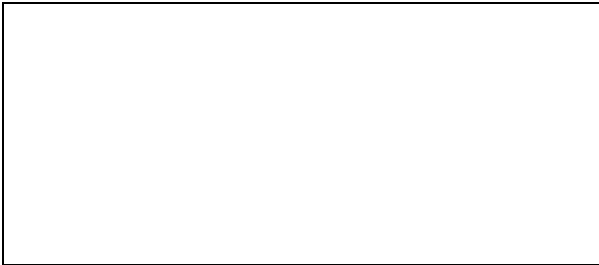


Donations Are Tax Deductible



Molalla Area Seniors  
PO Box 1165  
Molalla, OR 97038

**Nonprofit Organization**  
**U.S. Postage Paid**  
**Molalla, OR 97038**  
**Permit #21**



DUES ARE OWED ON THE DATE LISTED ABOVE.  
PLEASE MAKE OUT ALL CHECKS for dues  
TO **MOLALLA AREA SENIORS.**

## February 2025



- Monday, February 3** Genealogy Class 10am
- Tuesday, February 4** Vet To Vet Café (Open to all veterans) 11am
- Wednesday, February 5** **Breakfast Fundraiser 10:00am**
- Friday, February 7** City Of Molalla - Mobile Library 12:30pm
- Tuesday, February 11** Lawyer By Appointment 9:30am
- Wednesday, February 12** **OUTING: Hobby Lobby & IHOP in Oregon City 10:00am**
- Wednesday, February 12** Foot Clinic By Appointment 9:30am
- Wednesday, February 12** Crafting Corner 12:45pm
- Wednesday, February 12** MAS Executive Board Meeting 3pm
- Friday, February 14** Medicare Class 11am
- Wednesday, February 19** **OUTING: Ray of Hope Thrift Store & Red Robin 10:00am**
- Wednesday, February 19** Foot Clinic By Appointment 9:30am
- Friday, February 21** Music By Dennis Stafford
- Friday, February 21** Women's Cancer Support Group 1pm
- Wednesday, February 23** **OUTING: Spirit Mountain Casino 9:00am**
- Friday, February 28** MAS General Meeting & Birthday Celebrations