

The Senior Informer

MOLALLA ADULT COMMUNITY CENTER

Physical Address: 122 Grange Ave.

Mailing Address: PO Box 1165, Molalla, OR 97038

Phone: 503-829-4214

Hours: Monday - Friday: 9am - 3:00pm

January 2026

Center Staff

Amanda St. Clair-Estrada,
Director

Denise Ribbeck
Financial Manager

Toni Newberry,
Client Services Representative

Jeannie Haak,
Nutrition Manager

Dan Taylor,
Transportation Manager

Robert Comartos,
Driver

Gary Strean,
Driver

Receptionist,
MAS Members

Molalla Area Seniors Executive Board

Bob McNeil,
President

Howard Miller,
Vice President

Judy McNeil,
Treasurer

Lacressia St Clair,
Secretary

Pat Torsen
Jojie Chapman
Lois Middleton
Glenn Linder
Mark Gebler
Lenore Hayton
Board Members

Happy New Year Members!

As I'm writing this, I hear the sounds of dice rolling on the tables. We have a room full of BUNCO players enjoying their afternoon. Reflecting back on 2025, it brings myself and our Team such joy to be a part of such a special place. 2025 was full of fun outings, new friendships, games and of course a lot of good food. We have also supported each other through hardships and loss. That is why Adult Centers, like ours are so important in communities. They are a place for support, resources, nutrition, and friendships. We will continue to offer these services to our Molalla community for many years to come.

We are so excited to see what 2026 has in store for our Center. We have many fun outings and activities planned during the year. We hope that you will join us.

January 2nd will be the MAS Board Elections. Voting is open to all current MAS Members.

Join us on January 7th for a breakfast Fundraiser. Come hungry, we'll have all your favorite breakfast items. All proceeds from breakfast will go to the MACC Nutrition Program.

See you at the Center,

Amanda Estrada

Center Director



Molalla Area Seniors UPCOMING Meetings

Executive Board Meeting (2nd Wednesday) **January 14th at 3:00pm**

General Meeting (4th Friday) **January 23rd at 12:15pm**

The Molalla Adult Community Center is a non-profit organization created to promote recreational, educational, social, cultural, community health, and nutrition programs for senior citizens in Molalla and the surrounding area.

EXERCISE

Tai-Chi

Monday & Friday's
9:15am - 10:00am

Ping Pong

Tuesday's 2:30pm - 4:00pm

Walk with Ease

Monday
10:00am-10:30am



GeriFit

Thursday
9:30-10:15am

SHOPPING

Monday: Safeway

Tuesday: Bi-Mart

Thursday: Cascade Center and Goodwill

Friday: Safeway



***Please call 503-829-4214 morning of by 9:30am to get on bus list.**

See outing page for more outing options!

ADDITIONAL SERVICES

Foot Clinic

2nd AND 3rd Wednesday of the month is foot clinic with a Registered Nurse (RN). The service is by appointment only, and the cost is **\$50**, cash or check paid directly to the nurse.

Call 503-829-4214 to schedule

Lunch! - Monday, Tuesday, Thursday and Friday's at 12pm. Suggested donation of \$3.00 for those over 60, and for those under 60, there is a \$5.00 charge.

We also deliver Meals on Wheels for homebound clients.

****Volunteers are appreciated!****

TRP - Transportation Reaching People is a program designed to meet transportation needs for those 60 years or older, or an individual with a disability, who have limited practical transportation alternatives. Call TRP of Clackamas County at 503-655-8208 for enrollment. Once enrolled call the center and leave a message for scheduling a ride. ****Rides are not guaranteed, as they are volunteer dependent.**

Referral and Assistance -

For issues facing seniors. Calls are accepted on behalf of others as well. For mental health crises call County Crisis Service:
503-655-8585.

ART & CRAFTS

Quilting - Every Tuesday at 10:00am and Wednesday's at 10:15am. Come to learn how to quilt, show your skills or just to visit.

Painting - Tuesday 1pm

Sign up at the front desk.

Proceeds go to the MAS building fund.

MAS Craft Hour - 10:00am

4rd Thursday **\$5 donation**

SPECIAL INTERESTS

Legal Services - Andrew

Kauffman, **2nd** Tues of the month 9-11am by appointment only.
503-829-4214

Lunchtime MUSIC ♪

3rd Friday of each month at the Center.

Medical Equipment - LOVE INC

is now loaning equipment for Clackamas County. Call The Center at 503-829-4214 for more information.

Vet to Vet Café 1st Tuesday of the Month at 11am

Veteran Services - Clackamas County VSO office phone:
503-650-5631

Women's Cancer Support Group:

3rd Friday of the Month at 1pm

GAMES at the CENTER

Bunco - Every Monday after lunch!

Mexican Train Thursday's after lunch, starting at 12:45pm

Bingo! - Every Friday at 1:00pm



\$2 Suggested donation to cover prizes!

For any questions or to schedule an appointment, call the Center at 503-829-4214

Joyce Sturdevant	1
Sam Ingram	1
David Shriever	2
Terry Purkapile	4
Lola Burge	4
Lynda Kraxberger	5
Neila Whitney	5
Peggy Barton	5
Pauline Brunt	6
Glenn Linder	7
Eric Heublein	7
Helen Clark	8
Mary Dowdy	17
Sherry Kelly	18
Vicki Smith	19

Howard Miller	20
Bonnie Patten	20
James Komro	21
Trish Combrie	22
Joanie Bangs	22
Gene Neils	23
Diane Linbaugh	23
Candace Diehl	24
Don Gulliford	27
Bob Allen	27
Albert Bring	27
Deborah Simmons	30
Jim Young	31
Lenore Hayton	31



**Happy
Birthday
to you...**

*Our apologies in advance if we missed mentioning your birthday. Please contact the Receptionist at the front desk so that we may update our records, and HAPPY BIRTHDAY! Because we adore all of our members, we don't want to miss honoring YOU on your special day!

THE CENTER'S WEEKLY BUS SCHEDULE

Ride times are between: 9:00am - 2:00pm

Call 503-829-4214 by 9:30am to schedule your ride on the day you would like a ride.

Suggested ride donation of \$.75 each one way trip

MONDAY

Will operate for rides to the Center,
Safeway, medical and personal needs.

TUESDAY

Will operate for rides to the Center,
Bi-Mart, medical and personal needs.

WEDNESDAY

Will only operate when there is a
scheduled outing **or for special events.**

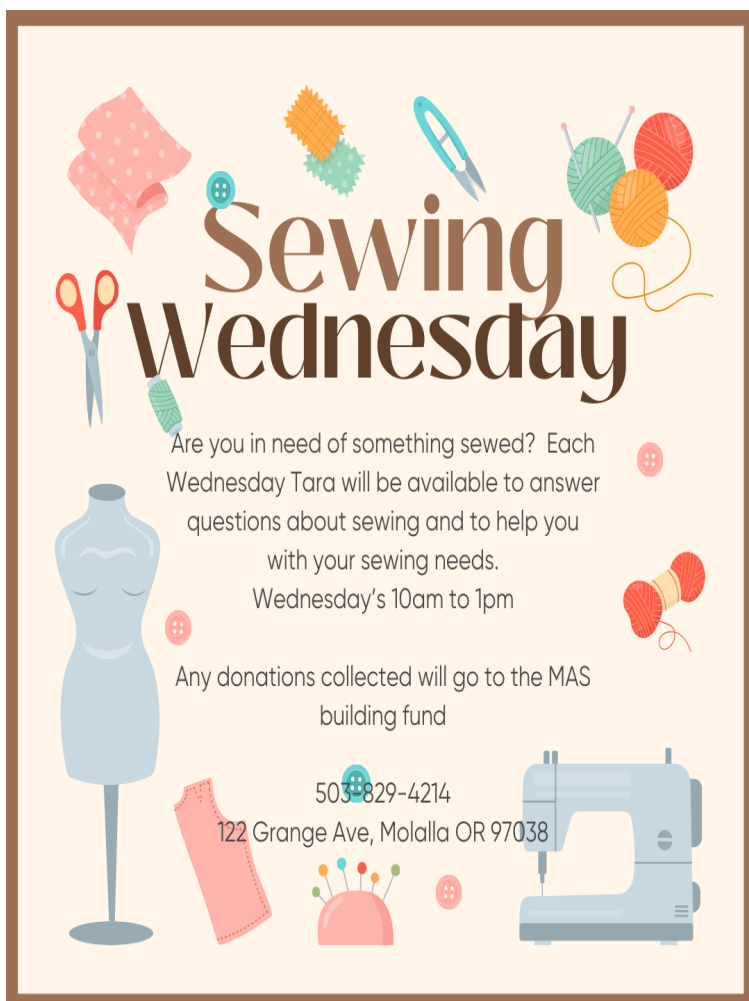
THURSDAY

Will operate for rides to the Center,
Cascade Center & Goodwill, medical and
personal needs.

FRIDAY

Will operate for rides to the Center,
Safeway, medical and personal needs.





Transportation Service

Offered by



Transportation Reaching People (TRP) | ClackCo Connects Shuttle
Vets Driving Vets | Ride Together | Mt. Hood Express | Village Shuttle

Learn more about getting around the county at
www.clackamas.us/socialservices/transportation



Senior Companion Program

Companion volunteers help their senior client stay independent and involved. Volunteers must be 55+ and on a fixed income.

Spend time together each week doing activities like:

- Checking in about their week
- Watching movies or playing games
- Doing productive activities like scheduling appointments

Volunteers receive:

- \$4 per hour nontaxable stipend
- Mileage reimbursement
- Ongoing training
- Social connection

Contact us to get started as a volunteer or client!

- Phone: 503-655-8208
- Email: scp@clackamas.us
- www.clackamas.us/socialservices/senior



Transportation Reaching People

Caring people with reliable cars volunteer to drive seniors and people with disabilities to medical appointments and important errands.

Volunteers receive:

- Mileage reimbursement
- Free defensive driving training, which may give you a discount on your auto insurance
- Flexible scheduling

To request a free ride:

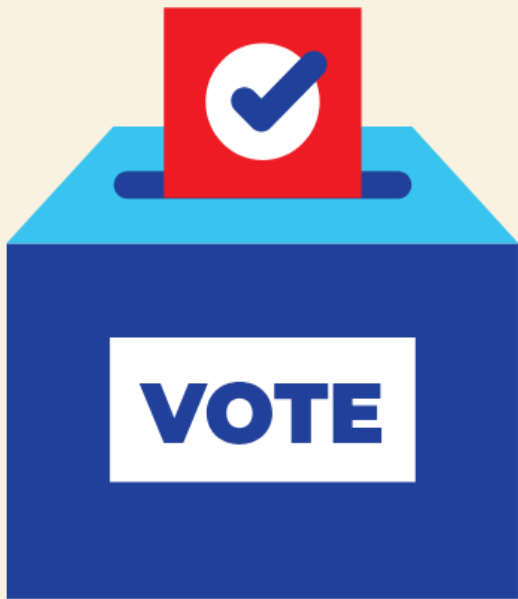
- Call us at 503-655-8208 to register by answering a few easy questions.
- After you are in our registration system, you can schedule a ride by voicemail.

Contact us to get started as a volunteer or client!

- Phone: 503-655-8208
- Email: trpclackamas@clackamas.us
- www.clackamas.us/socialservices/senior

MAS BOARD ELECTIONS

January 2nd, 2026 at 12:15pm



Open positions



President









Secretary

If you are interested in running for a Board position, please notify the Center before December 29th

VOTING IS FOR MAS MEMBERS ONLY

If you aren't a member, you can sign up at the front desk
\$15 for single \$25 for a couple

MONDAY	TUESDAY	WEDNESDAY	THURSDAY(Dine In)	FRIDAY
				
5 Servers: The Girls Herbed Chicken Patty w/ Cordon Bleu Sauce Garlic Whipped Potatoes Carrots Whole Wheat Bread Fresh Orange	6 Servers: The Girls Turkey Tetrazinni Fiesta Vegetables Peas Cornmeal Roll Tropical Fruit	7		2 Servers: Marquam United Methodist Teriyaki Meatballs w/ Brown Rice Glazed Carrots Marinated Vegetable Salad Coconut Treasure Cake
12 Servers: Meadowbrook Breaded Chicken Patty Parslied Potatoes Coleslaw Fresh Orange	13 Servers: Nazarene Church Orange Glazed Chicken Brown Rice Ginger Carrots Green Peas Diced Peaches	14	15 Servers: MAS Board Beef Chili Macaroni Winter Vegetables Corn and Black Bean Salad Cracked Wheat Roll Blushing Pears	9 Servers: Marquam United Methodist Breaded Pollock Fish w/ Tartar Sauce Rice Pilaf Spring Cut Vegetables Kidney Bean Salad Rye Bran Bread Hot Spiced Applesauce
19 <div>  </div>	20 Servers: St. James Alter Society Roast Pork w/ Apple Cranberry Sauce Whipped Potatoes Italian Vegetables Sunflower Roll Peaches	21	22 Servers: The Girls Homestyle Pork Patty w/ Pork Gravy Mashed Spiced Yams California Vegetables Seven Grain Bread Fresh Apple Slices	23 Servers: Men of St. James Hearty Turkey Stew Mixed Vegetables Apple Cranberry Coleslaw Oat Bran Roll Spiced Peaches
26 Servers: The Girls Meatloaf w/ Brown Gravy Whipped Potatoes Peas and Carrots Rye Bran Bread Pineapple Tidbits	27 Servers: The Girls Chicken Mushroom Bake San Francisco Vegetables White Kernel Corn Multigrain Roll Tropical Fruit	28	29 Servers: The Girls Chicken Soft Taco Lettuce/ Tomato/ Cheese Pinto Beans Chuckwagon Corn Flour Tortilla Pineapple Tidbits	30 Servers: The Girls Salisbury Steak w/ Brown Gravy Whipped Potatoes Brussels Sprouts Glazed Carrots Multigrain Roll Fresh Apple Slices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
5 9:15am Tai Chi 10am Walk w/ Ease 10am Genealogy Class 10am Safeway 12pm Lunch at the Center 1:00pm BUNCO	6 10am BiMart 10:15am Quilt Group 11am Vet To Vet Café 12pm Lunch at the Center 1pm Painting Class 2:30pm Ping Pong	7 9:30am Breakfast Fundraiser 10:15am Quilt Group	1 	2 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 12:15 MAS General Meeting / Board Election 1pm BINGO
12 9:15am Tai Chi 10am Walk w/ Ease 10am Safeway 12pm Lunch at the Center 1pm BUNCO	13 9:30am Lawyer By Appt. 10am BiMart 10:15am Quilt Group 12pm Lunch at the Center 1pm Painting Class 2:30pm Ping Pong	14 9:30am Outing: Breakfast & Bowling 9:30 Foot Clinic by apt. 10:15am Quilt Group 3pm MAS Exec. Board Mtg	8 9:30am GeriFit/ Walking 10am Cascade Center 12pm Lunch at the Center 12:45pm Train Dominos	9 9:15am Tai Chi 10am Safeway 11am Medicare Class 12pm Lunch at the Center 1pm BINGO
19 	20 10am BiMart 10:15am Quilt Group 12pm Lunch at the Center 1pm Painting Class 2:30pm Ping Pong	21 9:30am Foot Clinic by apt. 10am Outing: Pottery & Mazatlán Mexican Restaurant 10:15am Quilt Group	22 9:30am GeriFit / Walking 10am MAS Craft Hour 10am Cascade Center 12pm Lunch at the Center 12:45pm Train Dominos	23 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 12:15 MAS General Meeting 1pm BINGO
26 9:15am Tai Chi 10am Walk w/ Ease 10am Safeway 12pm Lunch at the Center 1pm BUNCO	27 10am BiMart 10:15am Quilt Group 12pm Lunch at the Center 1pm Painting Class 2:30pm Ping Pong	28 10am Outing: OMSI & Dairy Queen 10:15am Quilt Group	29 9:30am GeriFit / Walking 10am Cascade Center 12pm Lunch at the Center 12:45pm Train Dominos	30 9:15am Tai Chi 10am Safeway 12pm Lunch at the Center 1pm BINGO

WEDNESDAY, January 7th: Breakfast Fundraiser

Signup at the front desk for a bus ride. 503-829-4214

Breakfast: 9:30am



Breakfast Fundraiser \$5

Proceeds benefiting MACC Nutrition Program

WEDNESDAY, January 14th: Breakfast & Bowling

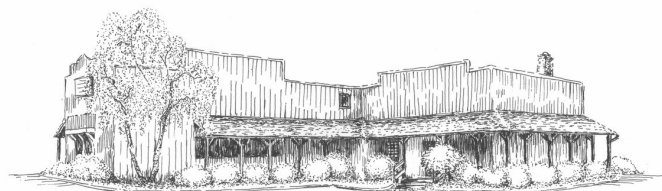
Bus leaves the Center: 9:30am

503-829-4214

Sugg. Bus Ride Donation \$5

Bowling and Shoes \$8 (pay at time of signup)

Breakfast at Home Place Restaurant



WEDNESDAY, January 21st : The Hot Spot Pottery & More & Mazatlán Mexican Restaurant

Bus Leave the Center: 10:00am

503-829-4214

Sugg. Bus Ride Donation \$5



Cost is just the price of the projects chosen! Average cost for project is \$30 and includes everything.

Choose from Pottery, Candles making, fairy/ gnome garden, mosaic art and more



WEDNESDAY, January 28th: OMSI & Dairy Queen

Bus Leaves the Center: 10:00am

503-829-4214

Sugg. Bus Ride Donation \$5



General admission : **\$15 for Adults, \$13 for Seniors**
Pay for Ticket at the time of signup

Movies or Planetarium Shows or Submarine Tours
are \$6 each: Paid at OMSI

Lunch will be at OMSI. We will stop at Dairy Queen
on the way back to the Center.



Around the Community



Info

Resource Center at Foothills

Location: 122 Grange Ave **Dock on north end **
Tuesdays & Thursdays: 9am - 3pm
Wednesdays: 5:30pm - 7:30pm

Molalla Service Center

Location: 415 S. Swiegle Rd
Open Monday and Wednesday 10am-2pm

Colton Helping Hands Food Bank

Colton Community Center - 30138 S Wall Street
Hours: Every Thursday 10:00am-6:00pm

Molalla Christian Church

Location: 223 E 3rd Street
Third Thursday of the month
Call 971-563-9673 for more information.

St. Vincent DePaul

Location: St. James Catholic Church - 301 Frances St
Third Tuesday of the month | 5:00-7:00pm
Call 503-896-2035 for more information.

The Praise Fellowship Outreach

Location: Molalla Nazarene Church - 920 Shirley Street
Monday's 1:00pm \$1.00 entry. Men's, Women's and
Children's clothing and accessories. Plus, books, toys and games,
household items, arts, crafts, bedding and linens.

LINES FOR LIFE

Supporting seniors in our community who are feeling
lonely or having difficulty connecting.

Clackamas County Crisis Line

& Clinic: 503 655 8585

Senior Loneliness Line:

503-200-1633 or

www.SeniorLonelinessLine.org

Clackamas County Aging &

Disability Resource Connection

Information and referral: 503 650 5622



UTILITY ASSISTANCE

Applications Are Available

To schedule an appointment call

Toni at 503-829-4214

Beginning October 1st, 2025

Heating assistance applications for this time frame is
aimed at the most vulnerable senior and disabled
Clackamas County residents including those that are
homebound, medically fragile or requiring
assistance to apply for services.

Household Unit Size	Annual Gross Income*	Monthly Gross Income*
1	\$38,385	\$3,198.75
2	\$50,195	\$4,183.00

Additional list is available if there are more people in your home



Need Additional Resources?

Call

503-650-5622



Community Support & Recreation, Transportation,
Family Caregivers and In-Home Services
Food / Housing, Veterans Services, Disability
Services, Financial Assistance, Health & Wellness, Medi-
care/Medicaid, Crisis and Legal Support, and MORE!



laundry love.

Brax Laundry

1515 W Main Street, Molalla

Every Tuesday 11:00am - 1:00pm

Laundry Love washes the clothes and bedding of
low/no income families and person(s) across the
US. We brighten the lives of thousands of people
through love, dignity, and detergent by partne
ring with diverse groups and laundromats nationwide.
Contact Info: aarynp@yahoo.com



Outing Suggestions:

We are always open to hearing about the places YOU would like to eat and explore!

**START
HERE!**

Let us know in the following ways:

- Drop a note in the suggestion box
- Leave a voicemail for Client Services

Just a reminder, not all suggestions are options, based on schedule and cost.

A special “Thank You” to our 2025 sponsors
and all our sponsors throughout the years.

Ace Hardware
Assembly of God
Dale and Julie Burghardt
Clackamas County Meals on Wheels
Clarkes Grange #261
Clarkes United Methodist Church
Clarkes United Methodist Women
Cowboy Coffee
Figaro's Pizza
Foothills Community Church
Hi-School Pharmacy, Molalla
MARJAK Enterprises, Inc.
Marquam United Methodist Church
Marquam United Methodist Women

Is your business interested
in becoming a donor of the
Molalla Adult Community Center
or Molalla Area Seniors?

Contact the Center at 503-829-4214
for additional information on both of
these non-profit organizations who
are serving the communities of:

Molalla,
Mulino,
Beavercreek,
Colton and
Rural Canby

*Thank
you* ❤️

Molalla Area Chamber of Commerce
Molalla Area Seniors Inc.
Molalla Communications
Molalla Grange
Molalla Seventh Day Adventist Church
Molalla United Methodist Women
National Christian Foundation
New Horizon's Family Thrift Store
NW Fitness & Strength
Out in the Garden Nursery
St. James Catholic Church



And to everyone in the local community who have privately donated to keep this Center open and running for our members.

Honor your loved one(s) with a
donation to the:
Molalla Adult Community Center.

When you make a tribute gift, you are
honoring your loved one while helping
people around the community.

In Memory and Honor
of

Molalla Area Seniors Board - General Meeting Minutes and Information

MAS General Meeting
DEC 5, 2025

The meeting was called to order by President Bob McNeil. Lois Middleton and Pat Torsen were absent.

Secretary Lacrechia St Clair read the minutes for the October 24th meeting. A **motion** was made by Tara Martin and seconded by Mike Ford to accept the minutes as read.

Treasurer Judy McNeil gave the treasurer report as following:

Income \$3,029.01 Expenses \$8,117.66 Net Income - \$5,088.65

Bank \$7,276.11 Money Market \$310,391.09 with Building Fund \$295,291.84 Savings \$ 205.02

A **motion** was made by Dwright Naylor and seconded by Tara Martin to accept the minutes as read.

Center Director, Amanda Estrada gave the Centers report: Income \$15,291.7 Expenses \$21,451.58 Net Income \$-6146.87 due to late County payment.

Soup and Salad /auction \$432

The center provided: 2,502 meals this month 350 bus rides this month 13 hrs Case Management
32 Utility Assistance 4 New Meals on Wheels clients

Amanda said that Sage and Social Events, She Shed Boutique, Cache Liquidation and other local vendors donated a beautiful Christmas tree to the Center.

OLD BUSINESS:

Bob reported that we are still waiting for the city to give us our permit for the entry way. The grant that we applied for from the city for the entry way was denied, because we need a permit number to apply,

Once the permit is granted we will apply again.

NEW BUSINESS

At the next Building Meeting we will decide which contractor will get the bid for the Sewer.

Joie Chapman reported that we made \$800 from the St James Sausage Feed and auction.

Jan 2, 2026 will be our next meeting and board elections. We will be voting for President and Secretary.

Drawings:

\$5 Door Prize: Mike Ford

Cake: Tara Martin

Basket: Wanda James

A **motion** was made to adjourn the meeting at 12:32 by Mark Gebler, seconded by Tara Martin

Respectfully Submitted
Lacrechia St Clair



Molalla Area Seniors Invite A Friend

Membership Application

New Member _____ Renewal _____ Update Only _____

Single Membership \$15/Year Couple: \$25/Year

DATE: _____

Name #1: _____ Birth: Month _____ Day _____ Year _____

Address: _____

Over 60? Yes / No

Phone: _____ Cell: _____

Email Address: _____

Name #2 _____ Birth: Month _____ Day _____ Year _____

Over 60? Yes / No

Phone: _____ Cell: _____

Email Address: _____

Making a Donation to support the Molalla Area Seniors is easy!

*Make donation checks payable to: **Molalla Area Seniors/Mas**
& Mail to PO Box 1165 Molalla, 97038

Donor Name: _____

Address: _____

In Honor of: _____

In Memory of: _____

In Celebration of (Birthday): _____

Donation Enclosed:

Amount \$

Nutrition Program Update: **Fiscal Year July 2025 - June 2026**

Revenue:

Congregate Dining	\$3,586.91
Donations	\$8,256
MOW - Meals On Wheels	\$3,724
Government - Clackamas County	\$10,079.54
Government - State	\$1,506.75

Other

Total YTD: \$27,153.20

Expenses:

Direct Nutrition Expenses: \$20,368.39

Direct Nutrition Budget 2024/25 \$80,000

Some fun facts that happened in:

November 2025

Meals served/delivered **1,755**

Rides on our bus were provided **277**



FUTURE HOME OF THE MOLALLA ADULT COMMUNITY CENTER

West Heintz Street
Between Kennel Ave & Ridings Ave

Fall 2022— The decision was made to purchase land and build a new Center.

Early 2023— Started a building fund. MAS Inc. was a recipient for the “Share the Love” Event. MAS began to look for land to buy.

Mid 2023— MAS decided to purchase land on Heintz St. that was not for sale, owner agreed to sell only for a new Center. Wet land survey was completed and approved.

February 2024— The purchase of the Property was completed. Professional engineers came forward to help and guide at no cost.

A federal ARPA Grant was awarded for \$200,000. Clackamas County Block Grant was submitted in December 2024. A letter of support was received from the City of Molalla in support of the building project.

2025-Design engineer is finalizing site plans.

A private land owner agreed to allow the sewer line to go through their property to Toliver St.

Email: masmolalla@gmail.com

Donations are appreciated and can be accepted by:

IN PERSON

122 Grange Ave
Molalla OR 97038

MAIL

Molalla Area Seniors (MAS)
PO Box 1165

January Wish List

Office Supplies

Batteries
Postage Stamps
Address labels
(laser)
Tape
Black sharpie
markers

Bingo Prizes

Candy
Crossword Book
Seasonal Decorations
Personal Care Products
Home Décor
Gift Cards

Kitchen Supplies

COFFEE
Paper Bowls
Paper Plates
Spoon, Forks, Knives
Zip lock bags
12 oz coffee cups with lids
12oz paper cups



Molalla Area Seniors
PO Box 1165
Molalla, OR 97038

Nonprofit Organization
U.S. Postage Paid
Molalla, OR 97038
Permit #21



DUES ARE OWED ON THE DATE LISTED ABOVE.
PLEASE MAKE OUT ALL CHECKS for dues
TO MOLALLA AREA SENIORS.

January 2026

Thursday, January 1 New Years Day- Center CLOSED

Friday, January 2 MAS Board Elections and Meeting 12:15pm

Monday, January 5 Genealogy Class 10am

Tuesday, January 6 Vet to Vet Café 11am

Wednesday, January 7 Breakfast Fundraiser 9:30am

Tuesday, January 13 Lawyer by Appt.

Wednesday, January 14 Foot Clinic by Appointment

Wednesday, January 14 Outing: Breakfast & Bowling 9:30am

Friday, January 16 Dennis Stafford Music 11:15am

Monday, January 19 MLK Day- Center CLOSED

Wednesday, January 21 Foot Clinic by appointment

Wednesday, January 21 Outing: The Hot Spot Ceramics & Mazatlán Restaurant 10am

Thursday, January 22 MAS Craft Hour 10am

Friday, January 23 MAS General Meeting 12:15pm

Wednesday, January 28 Outing: OMSI & Dairy Queen 10am