

# The Senior Informer



## MOLALLA ADULT COMMUNITY CENTER

Physical Address: 122 Grange Ave.  
Mailing Address: PO Box 1165, Molalla, OR 97038  
Phone: 503-829-4214  
Hours: Monday - Friday: 9am - 3:00pm  
503-829-4214

Dear Members,

February is the month of Love and that just brings a smile to my face. By definition, "Love is a strong feeling of affection and concern toward another person, as that arising from kinship or close friendship". We see that every day at the Adult Center from our participants, Volunteers and caring staff.

I want to thank Bob McNeil for serving as the MAS President for the past 6 years. Thank you for your commitment and continued work toward a new building for our Center.

I also want to thank Joie Chapman for serving our the MAS Board for many years.

I would like to welcome Pat Torsen as the new MAS President and Rich Coleman as a new Board Member.

Please join us on February 11th at 1pm for a deliciously fun afternoon of games and dessert.

On February 20th we're going to head to Salem in the morning to play Bingo at B & G Bingo Hall and of course a stop at Dairy Queen on the way home.

This month is the Molalla High School's annual Share the Love event. This is a time where the Molalla Community comes together to help those in need in our community. We will participate in some of the events during the month. We will announce those at the Center.

See you at the Center,

*Amanda Estrada*

Center Director



### Molalla Area Seniors UPCOMING Meetings

Executive Board Meeting (2nd Wednesday) **February 11th at 3:00pm**

General Meeting (4th Friday) **February 27th at 12:15pm**

**February 2026**

### Center Staff

**Amanda St. Clair-Estrada**,  
Director

**Denise Ribbeck**  
Financial Manager

**Toni Newberry**,  
Client Services Representative

**Jeannie Haak**,  
Nutrition Manager

**Dan Taylor**,  
Transportation Manager

**Robert Comartos**,  
Driver

**Gary Streat**,  
Driver

**Receptionist**,  
MAS Members

### Molalla Area Seniors Executive Board

**Pat Torsen**  
President

**Howard Miller**,  
Vice President

**Judy McNeil**,  
Treasurer

**Lacressia St Clair**,  
Secretary

**Lois Middleton**  
**Glenn Linder**

**Rich Coleman**

**Mark Gebler**

**Lenore Hayton**  
Board Members

# The Molalla Adult Community Center is a non-profit organization created to promote recreational, educational, social, cultural, community health, and nutrition programs for senior citizens in Molalla and the surrounding area.

## EXERCISE

### Tai-Chi

Monday & Friday's  
9:15am - 10:00am

### Ping Pong

Tuesday's 2:30pm - 4:00pm

### Walk with Ease

Monday  
10:00am-10:30am



### GeriFit

Thursday  
9:30-10:15am

## ART & CRAFTS

**Quilting** - Every Tuesday at 10:00am and Wednesday's at 10:15am. Come to learn how to quilt, show your skills or just to visit.

**Painting** - Tuesday 1pm

**Sign up at the front desk.**

Proceeds go to the MAS building fund.

**MAS Craft Hour** - 10:00am

4th Thursday \$5 donation

## GAMES at the CENTER

**Bunco** - Every Monday after lunch!

**Mexican Train** Thursday's after lunch, starting at 12:45pm

**Bingo!** - Every Friday at 1:00pm



\$2 Suggested donation to cover prizes!

## SHOPPING

### Store Suggestions

**Monday:** Safeway

**Tuesday:** Bi-Mart

**Thursday:** Cascade Center and Goodwill

**Friday:** Safeway



**\*Please call 503-829-4214 morning of by 9:30am to get on bus list.**

## SPECIAL INTERESTS

**Legal Services** - Andrew Kauffman, **2nd** Tues of the month 9-11am by appointment only. 503-829-4214

## Lunchtime MUSIC ♫

3rd Friday of each month at the Center.

**Medical Equipment** - LOVE INC is now loaning equipment for Clackamas County. Call The Center at 503-829-4214 for more information.

**Vet to Vet Café** 1st Tuesday of the Month at 11am

**Veteran Services** - Clackamas County VSO office phone: 503-650-5631

**Women's Cancer Support Group**: 3rd Friday of the Month at 1pm

## ADDITIONAL SERVICES

### Foot Clinic

2nd AND 3rd Wednesday of the month is foot clinic with a Registered Nurse (RN). The service is by appointment only, and the cost is **\$50**, cash or check paid directly to the nurse.

**Call 503-829-4214 to schedule**

**Lunch!** - Monday, Tuesday, Thursday and Friday's at 12pm. Suggested donation of \$3.00 for those over 60, and for those under 60, there is a \$5.00 charge.

**We also deliver Meals on Wheels for homebound clients.**

\*\*Volunteers are appreciated!\*\*

### TRP - Transportation Reaching

People is a program designed to meet transportation needs for those 60 years or older, or an individual with a disability, who have limited practical transportation alternatives. Call TRP of Clackamas County at 503-655-8208 for enrollment. Once enrolled call the center and leave a message for scheduling a ride. \*\*Rides are not guaranteed, as they are volunteer dependent.

### Referral and Assistance -

For issues facing seniors. Calls are accepted on behalf of others as well. For mental health crises call County Crisis Service:

503-655-8585.

For any questions or to schedule an appointment, call the Center at 503-829-4214

Peggy Day	1	Laurence Fredrick	14
Ron Anderson	2	Mike Ford	14
Don Tiberio	3	Tammy Morford	14
Connie Miller	4	Cindy Halbert	18
Sarah Miller	5	Beverly Spencer	19
Judy Weeks	8	William Morris	19
Nancy Helmick	8	Nora DeFrates	20
Kae Wise	9	Mary Gilson	21
Elaine Daniels	10	Christa Fittinger	23
Patricia Krupicka	11	Phil White	23
Greg Graham	12	Shirley Williams	23
Judy Yoder	12	Matthew Miller	25
Valerie McLain	12	Ben Boffard	26
		John Wasberg	26



**Happy  
Birthday  
to you...**

\*Our apologies in advance if we missed mentioning your birthday. Please contact the Receptionist at the front desk so that we may update our records, and **HAPPY BIRTHDAY!** Because we adore all of our members, we don't want to miss honoring **YOU** on your special day!

#### THE CENTER'S WEEKLY BUS SCHEDULE

Ride times are between: 9:00am - 2:00pm

Call 503-829-4214 by 9:30am to schedule your ride on the day you would like a ride.

**Suggested ride donation of \$.75 each one way trip**

#### **MONDAY**

Will operate for rides to the Center, **Safeway**, medical and personal needs.

#### **TUESDAY**

Will operate for rides to the Center, **Bi-Mart**, medical and personal needs.

#### **WEDNESDAY**

Will only operate when there is a scheduled outing or for special events.

#### **THURSDAY**

Will operate for rides to the Center, **Cascade Center & Goodwill**, medical and personal needs.

#### **FRIDAY**

Will operate for rides to the Center, **Safeway**, medical and personal needs.



# Sewing Wednesday

Are you in need of something sewed? Each Wednesday Tara will be available to answer questions about sewing and to help you with your sewing needs.

Wednesday's 10am to 1pm

Any donations collected will go to the MAS building fund

503-829-4214  
122 Grange Ave, Molalla OR 97038



Join us for  
Dessert Bar  
& Game Day

February 11th  
1pm to 3pm

## Molalla Adult Community Center

122 Grange Ave  
Molalla OR 97038  
503-829-4214

RSVP at the Front Desk  
\$3 suggested Donation

See you there!



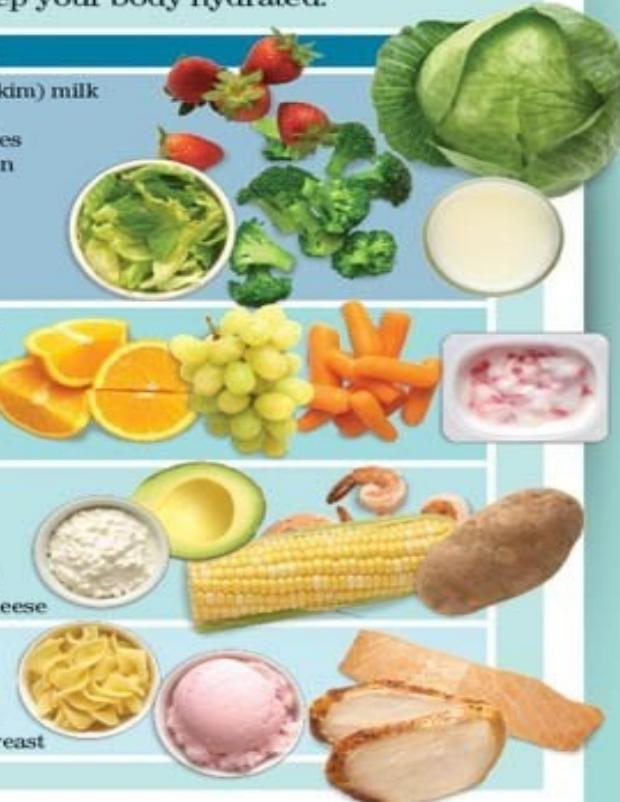
# Staying hydrated

- ✓ Don't wait until you're thirsty to start drinking water. At that point dehydration has already started.
- ✓ One sign of proper hydration is the color of urine. It should be clear or a pale yellow.
- ✓ Alcohol should be avoided.
- ✓ Minimize the number of beverages with caffeine. Because of its diuretic effect, caffeinated beverages can cause the kidneys to excrete more water.

# CHOOSE HYDRATING FOODS

Water and other beverages, fruits, and vegetables are great options to help keep your body hydrated.

100% WATER	WATER
90-99% water	Fat-free (skim) milk Soup Strawberries Watermelon Lettuce Cabbage Celery Spinach Broccoli
80-89% water	Fruit juice Yogurt Apples Grapes Oranges Carrots
70-79% water	Shrimp Bananas Corn Potatoes Avocados Cottage cheese
60-69% water	Pasta Legumes Salmon Ice cream Chicken breast



# Transportation Service

Offered by



Transportation Reaching People (TRP) | ClackCo Connects Shuttle  
Vets Driving Vets | Ride Together | Mt. Hood Express | Village Shuttle

Learn more about getting around the county at  
[www.clackamas.us/socialservices/transportation](http://www.clackamas.us/socialservices/transportation)



## Senior Companion Program

Companion volunteers help their senior client stay independent and involved. Volunteers must be 55+ and on a fixed income.

**Spend time together each week doing activities like:**

- Checking in about their week
- Watching movies or playing games
- Doing productive activities like scheduling appointments

**Volunteers receive:**

- \$4 per hour nontaxable stipend
- Mileage reimbursement
- Ongoing training
- Social connection

**Contact us to get started as a volunteer or client!**

- Phone: 503-655-8208
- Email: [scp@clackamas.us](mailto:scp@clackamas.us)
- [www.clackamas.us/socialservices/senior](http://www.clackamas.us/socialservices/senior)



## Transportation Reaching People

Caring people with reliable cars volunteer to drive seniors and people with disabilities to medical appointments and important errands.

**Volunteers receive:**

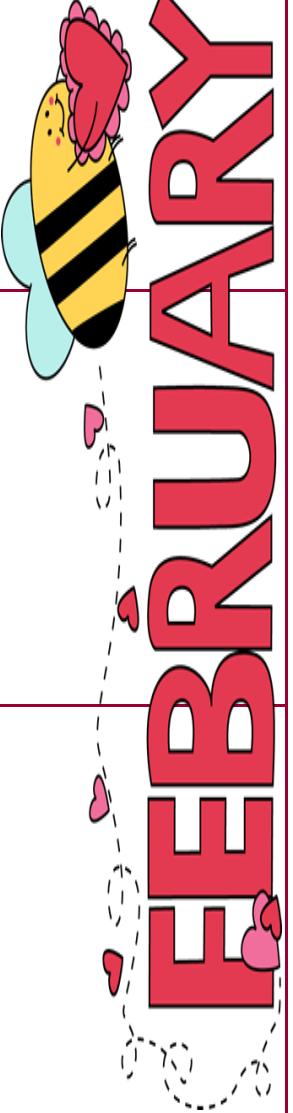
- Mileage reimbursement
- Free defensive driving training, which may give you a discount on your auto insurance
- Flexible scheduling

**To request a free ride:**

- Call us at 503-655-8208 to register by answering a few easy questions.
- After you are in our registration system, you can schedule a ride by voicemail.

**Contact us to get started as a volunteer or client!**

- Phone: 503-655-8208
- Email: [trpclackamas@clackamas.us](mailto:trpclackamas@clackamas.us)
- [www.clackamas.us/socialservices/senior](http://www.clackamas.us/socialservices/senior)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY (Dine In)	FRIDAY
2 Servers: The Girls Pork w/ Korean BBQ Sauce Brown Rice Broccoli Sesame Slaw Fresh Orange	3 Servers: The Girls Macaroni and Cheese Italian Vegetables Pickled Beets Garlic Roll Tropical Fruit	4	5 Servers: The Girls Butter Chicken Jasmine Rice Green Beans Carrot Raisin Salad Rye Bran Roll Fresh Orange	6 Servers: Marquam United Methodist Swiss Style Patty w/ Swiss Steak Sauce Whipped Potatoes Spinach Cracked Wheat Bread Pears
9 Servers: Meadowbrook Breaded Pollock Fish Patty w/ Tarter Sauce Shredded Lettuce & Tomatoes Baked Beans Coleslaw Hot Spiced Peaches	10 Servers: The Girls Vegetarian Meatballs w/ Country Gravy Whipped Potatoes Broccoli & Cauliflower Rye Bran Bread Tropical Fruit	11	12 Servers: The Girls Garden Chicken Mini Salad Caesar Dressing Corn Chowder Herb Roll Pineapple Tidbits	13 Servers: Marquam United Methodist Spaghetti & Meat Sauce Garlic Spinach Tossed Salad Garlic French Roll Fresh Melon
16  <small>We will be CLOSED on PRESIDENTS' DAY</small>	17 Servers: Nazarene Church Sweet & Sour Pork Brown Rice Ginger Carrots Broccoli Peaches	18	19 Servers: MAS Board Chicken & Sausage Jambalaya Peas & Carrots Whole Kernel Corn Whole Grain Bread Mandarin Oranges	20 Servers: Marquam United Methodist California Cheese Bake Winter Vegetables Corn & Black Beans Salad Cracked Wheat Roll Blushing Pears
23 Servers: The Girls	24 Servers: St. James Alter Society Chicken Gumbo Dirty Rice Succotash Carrots Mandarin Oranges	25	26 Servers: The Girls Chicken Mushroom Bake San Francisco Vegetables Romaine Iceberg Salad Rye Bran Bread Tropical Fruit	27 Servers: Men of St. James Home-style Pork Patty w/ Pork Gravy Mashed Spiced Yams California Vegetables Seven Grain Bread Mandarin Orange
				<b>FEBRUARY</b> 

**Menu is subject  
to change beyond  
and our control**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:15am Tai Chi 10am Walk w/ Ease 10am Genealogy Class 12pm Lunch at the Center 1:00pm BUNCO	3 10:15am Quilt Group 11am Vet To Vet Café 12pm Lunch at the Center 1pm Painting Class 2:30pm Ping Pong	4 10:15am Quilt Group <b>12pm Soup &amp; Salad Bar Fundraiser</b> 	5 9:30am GeriFit/Walking 12pm Lunch at the Center 12:45pm Train Dominos	6 9:15am Tai Chi 12pm Lunch at the Center 1pm BINGO
9 9:15am Tai Chi 10am Walk w/ Ease 12pm Lunch at the Center 1pm BUNCO	10 9:30am Lawyer By Appt. 10:15am Quilt Group 12pm Lunch at the Center 1pm Painting Class 2:30pm Ping Pong	11 9:30am Foot Clinic by apt. 10:15am Quilt Group <b>1pm Dessert Bar &amp; Games</b> 3pm MAS Exec. Board Mtg 	12 9:30am GeriFit/ Walking 12pm Lunch at the Center 12:45pm Train Dominos	13 9:15am Tai Chi 11am <b>Medicare Class</b> 12pm Lunch at the Center 1pm BINGO ( <b>Proceeds going to Share the Love</b> )
16	17 10:15am Quilt Group 12pm Lunch at the Center 1pm Painting Class 2:30pm Ping Pong	18 9:30 Foot Clinic by apt. 10:15am Quilt Group	19 9:30am GeriFit / Walking 12pm Lunch at the Center 12:45pm Train Dominos	20 9:15am Tai Chi <b>9:45am Outing: B &amp; G Bingo</b> <b>Music</b> 11:15am <b>Dennis Stafford</b> 12pm Lunch at the Center. 1pm Women's Cancer Support Group 1pm BINGO
23	24 10:15am Quilt Group 12pm Lunch at the Center 1pm Painting Class 2:30pm Ping Pong	25 <b>10am Outing: Value Village, Curiosities Vintage Mall, Banning's Restaurant</b> 10:15am Quilt Group	26 9:30am GeriFit / Walking 10am MAS Craft Hour 12pm Lunch at the Center 12:45pm Train Dominos	27 9:15am Tai Chi 12pm Lunch at the Center 12:15 MAS General Meeting 1pm BINGO



## WEDNESDAY, February 4th: Soup & Salad Bar

Signup at the front desk for a bus ride. 503-829-4214

Served at 12pm

### Soup and Salad Bar

Benefiting the MACC Nutrition Program

\$6



## WEDNESDAY, February 11th: Dessert Bar and Game Day

Bus leaves the Center: 9:30am

503-829-4214

Sugg. Bus Ride Donation \$5

Join us for Dessert and a fun afternoon of games  
1pm to 3pm



RSVP at the Front Desk  
\$3 Suggested donation



## FRIDAY, February 20th : B & G Bingo & Dairy Queen

Bus Leave the Center: 9:45am

503-829-4214

Sugg. Bus Ride Donation \$5



The Bingo hall has food available for purchase. We will stop at Dairy Queen on the way back to the Center.



## WEDNESDAY, February 25th: Curiosities Vintage Mall, Value Village & Banning's Restaurant

Bus Leaves the Center: 10:00am

503-829-4214

Sugg. Bus Ride Donation \$5



Located in the heart of the Downtown Tigard Shopping district, Curiosities offers a huge variety of antique & vintage items from 60 different antique dealers.

**BANNING'S**  
RESTAURANT & PIE HOUSE  
est. 1979

# Around the Community



**Info**

## **Resource Center at Foothills**

Location: 122 Grange Ave \*\*Dock on north end \*\*  
Tuesdays & Thursdays: 9am - 3pm  
Wednesdays: 5:30pm - 7:30pm

## **Molalla Service Center**

Location: 415 S. Swiegle Rd  
Open Monday and Wednesday 10am-2pm

## **Colton Helping Hands Food Bank**

Colton Community Center - 30138 S Wall Street  
Hours: Every Thursday 10:00am-6:00pm

## **Molalla Christian Church**

Location: 223 E 3rd Street  
Third Thursday of the month  
Call 971-563-9673 for more information.

## **St. Vincent DePaul**

Location: St. James Catholic Church - 301 Frances St  
Third Tuesday of the month | 5:00-7:00pm  
Call 503-896-2035 for more information.

## **The Praise Fellowship Outreach**

Location: Molalla Nazarene Church - 920 Shirley Street  
Monday's 1:00pm \$1.00 entry. Men's, Women's and  
Children's clothing and accessories. Plus, books, toys and games,  
household items, arts, crafts, bedding and linens.

## **LINES FOR LIFE**

Supporting seniors in our community who are feeling  
lonely or having difficulty connecting.

## **Clackamas County Crisis Line**

& Clinic: 503 655 8585

## **Senior Loneliness Line:**

**503-200-1633 or**

[www.SeniorLonelinessLine.org](http://www.SeniorLonelinessLine.org)

**Clackamas County Aging &**

**Disability Resource Connection**

**Information and referral: 503 650 5622**



## **UTILITY ASSISTANCE**

Applications Are Available

To schedule an appointment call

**Toni at 503-829-4214**

**Beginning October 1st, 2025**

Heating assistance applications for this time frame is  
aimed at the most vulnerable senior and disabled  
Clackamas County residents including those that are  
homebound, medically fragile or requiring  
assistance to apply for services.

Household Unit Size	Annual Gross Income*	Monthly Gross Income*
1	\$38,385	\$3,198.75
2	\$50,195	\$4,183.00

Additional list is available if there are more people in your home



Need Additional Resources?

Call

**503-650-5622**



Community Support & Recreation, Transportation,  
Family Caregivers and In-Home Services  
Food / Housing, Veterans Services, Disability  
Services, Financial Assistance, Health & Wellness, Medi-  
care/Medicaid, Crisis and Legal Support, and MORE!



**laundry love.**

Brax Laundry

1515 W Main Street, Molalla

**Every Tuesday 11:00am - 1:00pm**

Laundry Love washes the clothes and bedding of  
low/no income families and person(s) across the  
US. We brighten the lives of thousands of people  
through love, dignity, and detergent by partne  
ring with diverse groups and laundromats nationwide.  
Contact Info: aarynp@yahoo.com



### Outing Suggestions:

We are always open to hearing about the places YOU would like to eat and explore!

# START HERE!

Let us know in the following ways:

- Drop a note in the suggestion box
- Leave a voicemail for Client Services

Just a reminder, not all suggestions are options, based on schedule and cost.

## A special “Thank You” to our 2025 sponsors and all our sponsors throughout the years.

Ace Hardware  
Assembly of God  
Dale and Julie Burghardt  
Clackamas County Meals on Wheels  
Clarkes Grange #261  
Clarkes United Methodist Church  
Clarkes United Methodist Women  
Cowboy Coffee  
Figaro's Pizza  
Foothills Community Church  
Hi-School Pharmacy, Molalla  
MARJAK Enterprises, Inc.  
Marquam United Methodist Church  
Marquam United Methodist Women

Is your business interested in becoming a donor of the Molalla Adult Community Center or Molalla Area Seniors? Contact the Center at 503-829-4214 for additional information on both of these non-profit organizations who are serving the communities of: Molalla, Mulino, Beavercreek, Colton and Rural Canby

Thank you 

Molalla Area Chamber of Commerce  
Molalla Area Seniors Inc.  
Molalla Communications  
Molalla Grange  
Molalla Seventh Day Adventist Church  
Molalla United Methodist Women  
National Christian Foundation  
New Horizon's Family Thrift Store  
NW Fitness & Strength  
Out in the Garden Nursery  
St. James Catholic Church



And to everyone in the local community who have privately donated to keep this Center open and running for our members.

Honor your loved one(s) with a donation to the:  
Molalla Adult Community Center.

When you make a tribute gift, you are honoring your loved one while helping people around the community.

In Memory and Honor  
of

## Molalla Area Seniors Board - General Meeting Minutes and Information

### MAS GENERAL MEETING JAN 2, 2026 (In place of 2025 Dec Meeting)

President Bob McNeil called the meeting to order. All members were present except Glenn Linder and Jojie Chapman.

Minutes were read by Lacressia St Clair, Secretary. A **motion** to accept the minutes as read was made by Don Gulliford, second by Tara Martin.

Judy McNeil, Treasurer gave her report. Income: \$2,768, Expenses: \$1,213, Savings: \$205.02. Money Market \$310,252.09 with \$296,916.84. A **motion** was made to accept the report as given by Tara Martin, seconded by Joanne Tabor.

Amanda Estrada, Center Director gave her report. Income \$27,681.81, Expenses \$22,954.15, Net Income \$ 4,727.66. 1,755 meals provided, 15 hrs case management, 22 energy assistance, 4 new MOW clients 277 bus rides.

### NO OLD BUSINESS

Today was the Annual Voting for new officers.

For President:

Pat Torsen

Joanne Tabor

For Secretary:

Lacressia St Clair

For Director Position:

Rich Coleman

After the vote, Howard Miller, Mark Gebler and Lois Middleton counted the votes.

The results were President: Pat Torsen, Secretary: Lacressia St Clair, Director Rich Coleman

\$5 door prize- Pat Torsen who donated the money back.

Basket- Debbie A

A **motion** was made to adjourn by Roberta B, seconded by Mike Ford

Next MAS board meeting Jan 14th at 3p.m.

Next MAS General meeting Jan 23rd, at 12:15

Respectfully Submitted,

Lacressia St Clair



Molalla Area Seniors  
**Invite A Friend**

Membership Application

**New Member**  **Renewal**  **Update Only**

**Single Membership \$15/Year   Couple: \$25/Year**

DATE: \_\_\_\_\_

**Name #1:** \_\_\_\_\_ Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Address: \_\_\_\_\_

Over 60? Yes / No

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Name # 2** \_\_\_\_\_ Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Over 60? Yes / No

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Making a Donation to support the Molalla Area Seniors is easy!

\*Make donation checks payable to: **Molalla Area Seniors/Mas**  
**& Mail to PO Box 1165 Molalla, 97038**

Donor Name: \_\_\_\_\_

Address: \_\_\_\_\_

Donation Enclosed:

In Honor of: \_\_\_\_\_

In Memory of: \_\_\_\_\_

Amount \$

In Celebration of (Birthday): \_\_\_\_\_

## Nutrition Program Update: **Fiscal Year July 2025 - June 2026**

### Revenue:

Congregate Dining	\$4,438.51
Donations	\$8,521
MOW - Meals On Wheels	\$4,035
Government - Clackamas County	\$10,079.54
Government - State	\$1,506.75
Other	
Total YTD:	\$28,580.80

### Expenses:

Direct Nutrition Expenses:	\$24,851.07
Direct Nutrition Budget 2024/25	\$80,000

Some fun facts that happened in:

**December 2025**

Meals served/delivered 1,787  
Rides on our bus were provided 381



### FUTURE HOME OF THE MOLALLA ADULT COMMUNITY CENTER

West Heintz Street  
Between Kennel Ave & Ridings Ave

**Fall 2022**— The decision was made to purchase land and build a new Center.

**Early 2023**— Started a building fund. MAS Inc. was a recipient for the “Share the Love” Event. MAS began to look for land to buy.

**Mid 2023**— MAS decided to purchase land on Heintz St. that was not for sale, owner agreed to sell only for a new Center. Wet land survey was completed and approved.

**February 2024**— The purchase of the Property was completed. Professional engineers came forward to help and guide at no cost.

A federal ARPA Grant was awarded for \$200,000. Clackamas County Block Grant was submitted in December 2024. A letter of support was received from the City of Molalla in support of the building project.

**2025**—Design engineer is finalizing site plans.

A private land owner agreed to allow the sewer line to go through their property to Toliver St.

Email: [masmolalla@gmail.com](mailto:masmolalla@gmail.com)

Donations are appreciated and can be accepted by:

#### IN PERSON

122 Grange Ave  
Molalla OR 97038

#### MAIL

Molalla Area Seniors (MAS)  
PO Box 1165

## February Wish List

### Office Supplies

Batteries  
Postage Stamps  
Address labels  
(laser)  
Tape  
Black sharpie  
markers

### Bingo Prizes

Candy  
Valentine goodies  
Crossword Book  
Seasonal Decorations  
Personal Care Products  
Home Décor  
Gift Cards

### Kitchen Supplies

COFFEE  
Paper Bowls  
Paper Plates  
Spoon, Forks, Knives  
Zip lock bags  
12 oz coffee cups with lids  
12oz paper cups





Molalla Area Seniors  
PO Box 1165  
Molalla, OR 97038

Nonprofit Organization  
U.S. Postage Paid  
Molalla, OR 97038  
Permit #21



DUES ARE OWED ON THE DATE LISTED ABOVE.  
PLEASE MAKE OUT ALL CHECKS for dues  
**TO MOLALLA AREA SENIORS.**



## February 2026

**Monday , February 2 Genealogy Class 10am**

**Tuesday, February 3 Vet to Vet Café 11am**

**Wednesday, February 4 Soup and Salad Bar 12pm**

**Tuesday, February 10 Lawyer by Appt.**

**Wednesday, February 11 Foot Clinic by Appointment**

**Wednesday, February 11 Dessert Bar & Game Day 1pm**

**Monday, February 16 Center CLOSED– Presidents Day**

**Wednesday, February 18 Foot Clinic by appointment**

**Friday, February 20 Outing: B & G Bingo 9:45am**

**Friday, February 20 Dennis Stafford Music 11:15am**

**Wednesday, February 25 Outing: Value Village, Curiosities Vintage Mall & Banning's 10am**

**Thursday, February 26 MAS Craft Hour 10am**

**Friday, February 27 MAS General Meeting 12:15pm**